

	Monday	Tuesday	Wednesday	Thursday	Friday
9.30 am Breakfast	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water
11.30am Main	Tuna Pasta Bake	Cottage Pie	Sliced Roast Pork in Gravy	Mild Creamy Chicken Curry	Grilled Hake with Leek Sauce
Non Meat	Vegetable Hot Pot	Vegetable Pasta Bake	Vegetarian Sausage	Cheesy Frittata & Parsley Sauce	Cheese & Onion Pie with vegetarian Gravy
Vegetables	Peas	Sweetcorn	Cabbage Creamed Mash	Broccoli Boiled Brown Rice	Croquette Potato Carrots
Dessert	Fresh Fruit Salad	Chocolate Sponge & Chocolate Custard	Selection of Fruit Yoghurts	Stewed Apple & Ice Cream	Bananas & Custard
3.15pm Snack	Cream Cheese & Crackers/Bread & Butter	Selection of Fresh Fruit	Pitta Bread & Grated Cheese	Bananas on Toast	Fruit Bread (babies) & Butter Scones with Butter
	Monday	Tuesday	Wednesday	Thursday	Friday
9.30 am Breakfast	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water
11.30am Main	Chicken and Vegetable Pie	Cheese Pie (Pastry base, mash & cheese)	Savoury Mince & Boiled Rice	Oven Baked Fish with Sweet Potato Mash	Ham, Cheese & Mushroom Pasta Bake
Non Meat	Vegetable Couscous	Jacket Potato (non dairy)	Macaroni Cheese	Pasta in Tomato Sauce	Lentil & Mushroom Pie
Vegetables	Boiled Potato Sprouts	Baked Beans	Green Beans	Garden Peas	Sweetcorn With Garlic Bread
Dessert	Strawberry Mousse	Spotted Dick & Custard	Chocolate Muffins	Peach & Pear Crumble & Custard	Natural Yoghurt blended with strawberry or raspberry coulis
3.15pm Snack	Selection of Fresh Fruit & Biscuits	Toasted Teacakes & Butter	Sliced Banana Sandwiches	Fruit Yoghurts	Crusty Bread/Bread & Butter & Cream Cheese
	Monday	Tuesday	Wednesday	Thursday	Friday
9.30 am Breakfast	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water	Toast and Fresh Fruit Milk or Water
11.30am Main	Homemade Margarita Pizza	Beef Lasagne	Fillet of Fish Fingers	Chicken Meatballs in Tomato Sauce	Sliced Roast Turkey in Gravy
Non Meat	Wholemeal Pasta in Tomato Sauce	Vegetable Pie	Lentil & Vegetable Bolognaise	Cheese, Mushroom & Chive Pasta Bake	Vegetable Lasagne
Vegetables	Corn on the Cob	Carrots Jacket Potato	Baked Beans Mashed Potato	Spaghetti & Cauliflower	Sprouts Roast Potato
Dessert	Jam Sponge and custard	Fresh Fruit	Rice Pudding	Fresh Fruit Salad	Apple Pie & Custard
3.15pm Snack	Toasted Crumpets & Butter	Raisins with Bread and Butter	Fruit Yoghurt	Cucumber & Cheese, Bread sticks/Bread & Butter	Selection of Fresh Fruit

The Nursery caters for specific dietary requirements i.e. Non-dairy, gluten free. Children need a balanced diet and will be offered and encouraged to try a variety of foods throughout the week. Fruit will be offered as an alternative to dessert and snack if the children do not like the food offered.