

Programme Specification: Post Graduate Taught For Academic Year 2026/27

1. Course Summary

Names of programme and award title(s)	MSc Sport and Exercise Psychology
Award type	Taught Masters
Mode of study	Full-time Modular Part-time
Framework of Higher Education Qualification (FHEQ) level of final award	Level 7
Normal length of the programme	One year full-time / two years part-time / up to five years modular
Maximum period of registration	The normal length as specified above plus 3 years
Location of study	Keele Campus
Accreditation (if applicable)	This programme is actively seeking accreditation from the British Psychological Society (BPS). This programme will also seek Chartered Association of Sport and Exercise Sciences (CASES) endorsement in the future.
Regulator	Office for Students (OfS)
Tuition Fees	<p>UK students:</p> <p>Full-time fee for 2026/27 is £10,400</p> <p>Part-time fee for 2026/27 is £5,700*</p> <p>International students:</p> <p>Fee for 2026/27 is £18,200**</p>

How this information might change: Please read the important information at <http://www.keele.ac.uk/student-agreement/>. This explains how and why we may need to make changes to the information provided in this document and to help you understand how we will communicate with you if this happens.

* These fees are for new students. We reserve the right to increase fees in subsequent years of study by an inflationary amount. Please refer to the accompanying Student Terms & Conditions for full details. Further information on fees can be found at <http://www.keele.ac.uk/studentfunding/tuitionfees/>

2. Overview of the Programme

The MSc Sport and Exercise Psychology programme is designed to be the first step on your career journey towards becoming a Sport and Exercise Psychologist or for those interested in further developing their understanding of how to apply and implement sport and exercise psychology principles and of the relationship between sport, exercise and mental health. The design of the programme has been informed by the British Psychological Society's published standards for a Stage 1 MSc Sport and Exercise Psychology degree and also in alignment with the BASES postgraduate SEPAR endorsement scheme (PSES). As such, you will specialise in

psychology in the sport and exercise context; assessing and formulating interventions for individuals, groups and organisations; working with client groups such as junior and senior athletes, coaches, support staff and the general public; and understanding the relationship between sport, exercise mental health and well-being. You will also gain the capabilities to deploy a range of quantitative and qualitative psychological research methods as well as an understanding of the British Psychological Society's (BPS) Code of Ethics and Conduct and the Health and Care Professions Council's (HCPC) Code of Ethics and Conduct to develop your competencies as a Sport and Exercise psychological researcher and as a consumer of research.

Experiential learning underpins your learning on this course. There are opportunities to engage in professional practice through research and practitioner-based projects, a range of authentic assessments developed by Sport and Exercise psychologists. You will have the opportunity to gain practical experience in a sport or exercise setting through a work-based placement, involving observation, shadowing, and participation in group education workshops under the supervision of HCPC-registered staff, without engaging in direct one-to-one work with clients. You will also learn through the flipped learning approach to education, allowing you to more flexibly complete your pre-session learning throughout the week before attending more interactive in-person sessions intended to develop and solidify your capabilities.

The course is underpinned by a promoting of autonomous learning and development of sport and exercise psychological skills. You will acquire a range of transferable skills such as critical evaluation skills, an ability to identify areas for self-development, research methods skills, and effective communication in various formats. The transferable skills that you will acquire through this programme will hold you in strong standing to pursue a broad range of psychology-related careers or continue into a PhD.

Keele University is committed to providing transformative and innovative learning opportunities, developing student capabilities, inclusive learning opportunities and learning beyond the curriculum to develop interpersonal professional and employability skills. MSc Sport and Exercise Psychology engenders these values through the use of varied assessments that authentically reflects the theoretical and applied aspects of the discipline, with modules that range from advanced research techniques through to opportunities to translating your studies into practice on a placement opportunity and through research projects supervised by established and renowned academics. The course can be studied over one year full time, two years part time, or up to five years by completing the course on a modular basis, offering flexibility to accommodate a range of personal desires and circumstances.

The programme provides you with the opportunity to gain practical experience in a sport or exercise setting through a work placement, including observation, shadowing, and involvement in group education workshops under the supervision of HCPC-registered staff, without undertaking direct one-to-one work with clients. You will have the opportunity to learn from and interact with practicing Sport and Exercise psychologists. By joining the course, you will become a member of the Keele Institute of Sport which combines teaching, research and expertise from across the wider University allowing you the opportunity to collaborate with colleagues and fellow students from across different schools and faculties.

Our applied learning techniques and industry connections ensure our students are fully prepared for the workplace on graduation and understand how to apply their knowledge in a real-world context. This course is primarily designed for students wanting to pursue chartered sport and exercise psychology status and allows graduates who meet the criteria to continue training via the stage 2 training pathway. However, this qualification may also be used for students interested in obtaining advanced understanding of sport and exercise psychology principles to be used in other careers such as:

Sports coaching

Physiotherapy

Sport and exercise science

Sport rehabilitation

Performance lifestyle advisor

Well-being officer

Higher education teaching and research

Researcher

3. Aims of the programme

The broad aims of the programme are to enable you to:

- Use a range of techniques and research methods applicable to advanced scholarship in Sport and Exercise Psychology.

- Develop a critical understanding of the psychological theories and research relevant sport and exercise.
- Develop a critical understanding of a variety of contemporary approaches to assessment and formulation of models in relation to understanding and working with individuals, groups, and organisations.
- Develop a critical understanding of a range of interventions available for both athletic and exercise populations.
- Develop a critical understanding of psychological issues in the context of sport and exercise across the human life span.
- Progress to working within a range of settings and contexts relevant to sport and exercise psychology.
- Take responsibility for your own professional development and understand the sport and exercise psychological theories and evidence underpinning the development and training of others.
- Design and implement scientific research studies to answer sport and exercise psychological research questions while observing the British Psychological Society's (BPS) and Health and Care Professions Council's (HCPC) principles of professional ethics and conduct.
- Enhance your written, verbal and non-verbal communication skills, independent learning skills, and critical reflection and evaluation skill.

4. What you will learn

The intended learning outcomes of the programme (what students should know, understand and be able to do at the end of the programme), can be described under the following headings:

- Subject knowledge and understanding
- Subject specific skills
- Key or transferable skills (including employability skills)

Subject knowledge and understanding

Successful students will be able to demonstrate knowledge and understanding of:

- Key performance and development issues in sport and exercise as it relates to the wider sport and exercise empirical evidence.
- A wide range of contemporary approaches related to assessment, case formulation and intervention in sport and exercise psychology.
- The role of sport, physical activity and exercise as it relates to mental health and mental wellbeing.
- Sport and Exercise psychology theories and empirical evidence.
- The role of the British Psychological Society, British Association of Sport and Exercise Sciences and the Health and Care Professions Council in regulating psychologists and practitioners.

Subject specific skills

Successful students will be able to:

- Select and deploy appropriate empirical methodologies for the scientific investigation of sport and exercise psychology questions.
- Critically review the scientific literature on a chosen topic within the field of sport and exercise psychology.
- Develop research questions and/or hypotheses to address key issues in sport and exercise psychology.
- Conduct and interpret findings from an empirical research project addressing a sport and exercise psychology question.
- Effectively communicate research findings within sport and exercise contexts.

Key or transferable skills (including employability skills)

Successful students will be able to:

- Reflect on their own professional development.
- Communicate in various formats to audiences of differing levels of expertise.
- Take ownership of their independent learning, identifying and developing skills and capabilities.
- Critically reflect on and evaluate information and ideas in the solution of problems.
- Use digital technologies includes word processing, analytical software, email and the internet.
- Critical Thinking and problem-solving
- Work as a member of a team.
- Adaptability and resilience
- Employ scientific research methods to address practical and theoretical questions.
- Handle and ethically manipulate data
- Applying relevant ethical, legal and professional frameworks.

Keele Graduate Attributes

The Keele Graduate Attributes are the qualities (skills, values and mindsets) which you will have the opportunity to develop during your time at Keele through both the formal curriculum and also through co- and extra-curricular activities (e.g., work experience, and engagement with the wider University community such as acting as ambassadors, volunteering, peer mentoring, student representation, membership and leadership of clubs and societies). Our Graduate Attributes consist of four themes: **academic expertise, professional skills, personal effectiveness, and social, environmental and ethical responsibility**. You will have opportunities to engage actively with the range of attributes throughout your time at Keele: through your academic studies, through self-assessing your own strengths, weaknesses, and development needs, and by setting personal development goals. You will have opportunities to discuss your progress in developing graduate attributes with, for example, Academic Mentors, to prepare for your future career and lives beyond Keele.

5. How is the programme taught?

Learning and teaching methods used on the programme vary according to the subject matter and level of the module. They include the following:

- Lectures and recorded lectures
- Seminars, interactive problems, and discussions
- Class-based discussion with students and tutors
- Practical work and laboratory classes
- One-to-one project supervision
- Work-based and/or academic-based placement
- Directed asynchronous learning (for example, directed reading, a quiz, video content)
- Reading scientific articles
- Personalised written and face-to-face feedback
- Electronic submission and return of marked coursework with feedback
- IT instruction (e.g., analytical software)
- Use of the Keele Learning Environment (KLE)

Apart from these formal activities, students are also provided with regular opportunities to talk through particular areas of difficulty, and any special learning needs they may have, with their Academic Mentors or module lecturers on a one-to-one basis.

6. Teaching Staff

The Programme Director is a chartered Sport and Exercise Psychologist with the British Psychological Society and is registered with the Health and Care Professions Council and remains active within the field of Sport and Exercise psychology. The programme uses a dynamic range of staff holding or working towards an accredited Higher Education Teaching qualification who bring a diversity of teaching and research expertise. Tutors on the course have a range of experiences and recognition, including staff with direct experience as practitioners in the field, those who have experience offering training to practitioners, internationally recognised leaders in their field, and those who manage and engage with research groups (comprising research staff, postgraduate research students and/or postdoctoral researchers) and national and international research societies. More details about the teaching team can be found here: <https://www.keele.ac.uk/psychology/people/>

The University will attempt to minimise changes to our core teaching teams, however, delivery of the programme depends on having a sufficient number of staff with the relevant expertise to ensure that the programme is taught to the appropriate academic standard.

Staff turnover, for example where key members of staff leave, fall ill or go on research leave, may result in changes to the programme's content. The University will endeavour to ensure that any impact on students is limited if such changes occur.

7. What is the structure of the programme?

The academic year runs from September to September and is divided into three semesters. The number of weeks of teaching will vary from course to course, but you can generally expect to attend scheduled teaching sessions between the end of September and mid-December, and from mid-January to the end of April. Our degree courses are organised into modules. Each module is usually a self-contained unit of study and each is usually assessed separately with the award of credits on the basis of 1 credit = 10 hours of student effort. An outline of the structure of the programme is provided in the tables below.

There is one type of module delivered as part of your programme: Compulsory modules - a module that you are required to study on this course.

A summary of the credit requirements is as follows.

Year	Compulsory	Optional	
		Min	Max
Level 7	180	0	0

Module Lists

Level 7

Compulsory modules	Module Code	Credits	Period
Applied Psychological Research Methods	PSY-40163	30	Semester 1
Intervention Methods in Sport and Exercise Psychology	PSY-40191	30	Semester 1
Applied Sport and Exercise Psychology: Professional Practice and Development	PSY-40193	30	Semester 1-2
Applied Research Dissertation	PSY-40169	60	Semester 1-3
Active Minds: Sport, Exercise, Mental Health and Wellbeing	PSY-40195	30	Semester 2

Part-time route

For part-time study, the following table outlines which modules will be studied in each academic year. The dissertation module and Applied Sport and Exercise: Professional Practice and Development modules will be completed in the second academic year. All other modules will be completed in the first academic year. The semester in which they are taught follows that shown in the above table.

Compulsory modules	Module Code	Credits	Year of Study
Applied Sport and Exercise Psychology: Professional Practice and Development	PSY-40193	30	Year 1 (Semester 1-2)
Active Minds: Sport, Exercise, Mental Health and Wellbeing	PSY-40195	30	Year 1 (Semester 2)
Intervention Methods in Sport and Exercise Psychology	PSY-40191	30	Year 1 (Semester 1)
Applied Research Dissertation	PSY-40169	60	Year 2 (Semester 1-3)
Applied Research Methods	PSY-40163	30	Year 2 (Semester 1)

Learning Outcomes

The table below sets out what students learn in the programme and the modules in which that learning takes place. Details of how learning outcomes are assessed through these modules can be found in module specifications.

Subject Knowledge and Understanding	
Learning Outcome	Module in which this is delivered
Key performance and development issues in sport and exercise as it relates to the wider sport and exercise empirical evidence.	Applied Research Dissertation - PSY-40169 Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
A wide range of contemporary approaches related to assessment, case formulation and intervention in sport in and exercise psychology.	Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
The role of sport, physical activity and exercise as it relates to mental health and mental wellbeing.	Intervention Methods in Sport and Exercise Psychology - PSY-40191 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
Sport and Exercise psychology theories and empirical evidence.	Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
The role of the British Psychological Society, British Association of Sport and Exercise Sciences and the Health and Care Professions Council in regulating psychologists and practitioners.	Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193
Key performance and development issues in sport and exercise as it relates to the wider sport and exercise empirical evidence.	Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195

Subject Specific Skills	
Learning Outcome	Module in which this is delivered
Select and deploy appropriate empirical methodologies for the scientific investigation of sport and exercise psychology questions.	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169 Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
Critically review the scientific literature on a chosen topic within the field of sport and exercise psychology.	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169 Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
Develop research questions and/or hypotheses to address key issues in sport and exercise psychology.	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169
Conduct and interpret findings from an empirical research project addressing a sport and exercise psychology question.	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169
Effectively communicate research findings within sport and exercise contexts.	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193

Key or Transferable Skills (graduate attributes)	
Learning Outcome	Module in which this is delivered
Reflect on their own professional development.	Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193
Communicate in various formats to audiences of differing levels of expertise.	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169 Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195

Key or Transferable Skills (graduate attributes)	
Learning Outcome	Module in which this is delivered
Take ownership of their independent learning, identifying and developing skills and capabilities.	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169 Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
Critically reflect on and evaluate information and ideas in the solution of problems.	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169 Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
Use digital technologies includes word processing, analytical software, email and the internet.	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169 Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
Critical Thinking and problem-solving	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169 Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
Work as a member of a team.	Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
Adaptability and resilience	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169 Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
Employ scientific research methods to address practical and theoretical questions.	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169 Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193 Active Minds: Sport, Exercise, Mental Health and Wellbeing - PSY-40195
Handle and ethically manipulate data	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169

Key or Transferable Skills (graduate attributes)	
Learning Outcome	Module in which this is delivered
Applying relevant ethical, legal and professional frameworks.	Applied Psychological Research Methods - PSY-40163 Applied Research Dissertation - PSY-40169 Intervention Methods in Sport and Exercise Psychology - PSY-40191 Applied Sport and Exercise Psychology: Professional Practice and Development - PSY-40193

8. Final and intermediate awards

Master's degree in Sport and Exercise Psychology	180 credits	You will require at least 150 credits at Level 7
Postgraduate Diploma in Psychology of Sport and Exercise	120 credits	You will require at least 90 credits at Level 7
Postgraduate Certificate in Psychology of Sport and Exercise	60 credits	You will require at least 45 credits at Level 7

9. How is the Programme Assessed?

The wide variety of assessment methods used on this programme at Keele reflects the broad range of knowledge and skills that are developed as you progress through the degree programme. Teaching staff pay particular attention to specifying clear assessment criteria and providing timely, regular and constructive feedback that helps to clarify things you did not understand and helps you to improve your performance. The following list is representative of the variety of assessment methods used on your programme:

- Case study report
- Dissertation empirical research project
- Evidence-based report
- Oral presentation
- Reflective diary
- Scientific laboratory report

Marks are awarded for summative assessments designed to assess your achievement of learning outcomes. You will also be assessed formatively to enable you to monitor your own progress and to assist staff in identifying and addressing any specific learning needs. Feedback, including guidance on how you can improve the quality of your work, is also provided on all summative assessments within three working weeks of submission, unless there are compelling circumstances that make this impossible, and more informally in the course of tutorial and seminar discussions.

10. Accreditation

This programme is actively seeking accreditation from the British Psychological Society (BPS).

11. University Regulations

The University Regulations form the framework for learning, teaching and assessment and other aspects of the student experience. Further information about the University Regulations can be found at:

<http://www.keele.ac.uk/student-agreement/>

If this programme has any exemptions, variations or additions to the University Regulations these will be detailed in an Annex at the end of this document titled 'Programme-specific regulations'.

12. What are the typical admission requirements for the Programme?

See the relevant course page on the website for the admission requirements relevant to this programme:

<https://www.keele.ac.uk/study/>

Recognition of Prior Learning (RPL) is considered on a case-by-case basis and those interested should contact the Programme Director. The University's guidelines on this can be found here:

<https://www.keele.ac.uk/qa/programmesandmodules/recognitionofpriorlearning/>

13. How are students supported on the programme?

Support for student learning on the programme is provided in the following ways:

- **Module Leaders:** Any questions or concerns you may have in relation to the content taught and assessed on a given module on the MSc Sport and Exercise Psychology course are to be directed towards the module leader who will offer support and guidance.
- **Academic Mentors:** You are allocated an academic mentor for the duration of your studies as part of the University's Academic Mentor system and in accordance with the University Code of Practice on Academic Mentoring. The role of the academic mentor is to meet formally with you periodically to discuss your progress and performance and to offer support and advice. You can make arrangements to see your academic mentor at any time.
- **Programme Lead:** The MSc Sport and Exercise Psychology course is led by an academic member of staff who takes responsibility for operation of the course. Should you find yourself unable to reach out to your academic mentor, your programme lead is the next point of contact.
- **Postgraduate Taught Director:** Should you find yourself in a position where neither the module leader, academic mentor nor programme lead are appropriate contact options, the Postgraduate Taught Director is available to help support you.
- **Student Experience and Support Officer (SESO):** If you need to talk to someone, whether it is about your studies or life outside of them, you can access advice, guidance, and one-to-one support from their Student SESO based within the School of Psychology.
- **Use of e-learning/the Keele Learning Environment (KLE):** All modules belonging to the MSc Sport and Exercise Psychology programme are supported by learning resources that are accessible to students via the KLE.
- **Students with disabilities, medical conditions, or dyslexia:** Students admitted to the MSc Sport and Exercise Psychology programme with disabilities or medical problems are asked to disclose their condition to Student Services via the SESO (above) and the Disability and Inclusion Tutor nominated within the school. Students will meet with a member of the University's Disability Support & Inclusion team. Academic mentors and module leaders are responsible for ensuring reasonable adjustments are made.
- **School Academic Skills Tutor:** The academic skills tutor designs and runs study support workshops in each semester and are available to you by appointment for one-to-one advice.
- **Keele Careers and Employability Support:** The university offers you an opportunity to gain support and advice regarding your career options. In addition, the School of Psychology careers tutor can also offer guidance. You are encouraged to consult with the careers tutor for any assistance in deciding upon postgraduate research, funding opportunities, career options and for assistance in applying for jobs and placements. Briefing sessions are organised for students interested in continuing to postgraduate research or continuation with further training to become a practicing Sport and Exercise psychologist. The Psychology Notice Board on the KLE also contains a 'Careers' folder with a range of resources for students.

14. Learning Resources

Almost all of the teaching in Psychology is carried out in the same building, which contains three lecture rooms, two teaching laboratories and a number of seminar rooms. These rooms may be arranged either in traditional lecture format or more informally to allow students to work together in small groups. All of the rooms are equipped with computers, internet access and electronic whiteboards or projection equipment. There is a psychology Learning Resources room with computers and internet access which is available to postgraduate students for independent study and also a number of student project rooms and research laboratories that are available to be used to carry out project work.

Other learning resources available to students on the MSc Sport and Exercise Psychology programme include:

- Academic Skills Tutors who run learning support workshops (e.g. essay-writing, literature searching, APA referencing sessions) outside of the planned curriculum. The Academic Skills Tutors are also available by appointment to provide students with one-to-one support.
- Technical support is available from technicians and university IT services in terms of access to equipment that might be required for research (e.g. audio and video recording) and access to software.
- Students can access the undergraduate Research Participation (RPT) Scheme if they need undergraduate student participants for their research (for research-based modules such as the dissertation). This is a scheme where all undergraduates are required to participate in a certain amount of research to gain experience of different approaches. There is an RPT co-ordinator who approves access to the scheme, and full information is provided on how to access this in the Programme Handbook.
- The Keele Learning Environment (KLE), which provides easy access to a wide range of learning resources and support materials in electronic format. In accordance with the Keele Education Principles, students will be provided with asynchronous materials (such as short videos, quizzes, reading, etc.) for them to engage with in their own time in order to enhance learning that takes place in the classroom.
- Microsoft Teams is used to complement teaching and facilitating the development of a learning community, with online sessions, question and answer threads, peer-to-peer communication and resource sharing.

Students also have the opportunity to hear from, and talk to, a range of guest speakers who are invited by the School to present the findings from up-to-date research they are currently carrying out in their own area of psychology. Students will be invited to join the research group for their programme, which will hold informal research meetings at which they can hear about other staff and student research and give presentations of their own work.

15. Other Learning Opportunities

All MSc Sport and Exercise Psychology students have extensive opportunities to engage with the research life of the School of Psychology and the Keele Institute of Sport. For example, many of our research projects are offered as extra-curricular volunteering opportunities, students can attend research groups meetings relevant to their interests, and staff are always keen to support students to write the research up for publication where appropriate. We are also keen to help our MSc students integrate with our postgraduate research students and students from other schools. We encourage joint social events between Postgraduate Taught and Postgraduate Research students.

16. Additional Costs

Additional costs may be incurred where a student elects to conduct a dissertation project that requires off campus travel (PSY-40169). The course provides the opportunity for a work placement (PSY-40193). This may require off-campus travel, placements can be self-sourced at the approval of the placement team. The costs associated with travel will depend on the chosen mode of travel and the frequency of travel arranged between the student and the supervisor.

These costs have been forecast by the University as accurately as possible but may be subject to change as a result of factors outside of our control (for example, increase in costs for external services). Forecast costs are reviewed on an annual basis to ensure they remain representative. Where additional costs are in direct control of the University we will ensure increases do not exceed 5%.

As to be expected there will be additional costs for inter-library loans and potential overdue library fines, print and graduation. We do not anticipate any further costs for this programme.

17. Quality management and enhancement

The quality and standards of learning in this programme are subject to a continuous process of monitoring, review and enhancement.

- The School Education Committee is responsible for reviewing and monitoring quality management and enhancement procedures and activities across the School.
- Individual modules and the programme as a whole are reviewed and enhanced every year in the annual programme review which takes place at the end of the academic year.
- The programmes are run in accordance with the University's Quality Assurance procedures and are subject to periodic reviews under the Revalidation process.

Student evaluation of, and feedback on, the quality of learning on every module takes place every year using a variety of different methods:

- The results of student evaluations of all modules are reported to module leaders and reviewed by the Programme Committee as part of annual programme review.
- Findings related to the programme from the annual Postgraduate Taught Experience Survey (PTES), and from regular surveys of the student experience conducted by the University, are subjected to careful analysis and a planned response at programme and School level.
- Feedback received from representatives of students on the programme is considered and acted on at regular meetings of the Student Staff Voice Committee.

The University appoints senior members of academic staff from other universities to act as external examiners on all programmes. They are responsible for:

- Approving examination questions
- Confirming all marks which contribute to a student's degree
- Reviewing and giving advice on the structure and content of the programme and assessment procedures

Information about current external examiner(s) can be found here:

<http://www.keele.ac.uk/qa/externalexaminers/currentexternalexaminers/>

18. The principles of programme design

The programme described in this document has been drawn up with reference to, and in accordance with the guidance set out in, the following documents:

a. UK Quality Code for Higher Education, Quality Assurance Agency for Higher Education:

<http://www.qaa.ac.uk/quality-code>

b. Keele University Regulations and Guidance for Students and Staff: <http://www.keele.ac.uk/regulations>

c. The British Psychological Society Standards for the Accreditation of Masters & Doctoral Programmes in Sport and Exercise Psychology: <https://www.bps.org.uk/accreditation/education-providers>

d. The British Association of Sport and Exercise Sciences Postgraduate SEPAR endorsement scheme:

https://www.bases.org.uk/sspage-professional_development-accreditation_and_endorsement-bases_postgraduate_separ_endorsement_scheme.html

19. Annex - Programme-specific regulations

Programme Regulations: [MSc Sport and Exercise Psychology]

Final Award and Award Titles	MSc Sport and Exercise Psychology
Intermediate Award(s)	PG Diploma Psychology of Sport and Exercise (120-credits) PG Certificate Psychology of Sport and Exercise (60-credits)
Last modified	13/01/2026
Programme Specification	https://www.keele.ac.uk/qa/programmespecifications

The University's Academic Regulations which can be found on the Keele University website (<https://www.keele.ac.uk/regulations/>)[1] apply to and regulate the programme, other than in instances where the specific programme regulations listed below over-ride them. These programme regulations list:

- *Exemptions* which are characterised by the omission of the relevant regulation.
- *Variations* which are characterised by the replacement of part of the regulation with alternative wording.
- *Additional Requirements* which set out what additional rules that apply to students in relation to this programme.

The following **exemptions, variations** and **additional requirements** to the University regulations have been checked by Academic Services and have been approved by the Faculty Education Committee.

A) EXEMPTIONS

The clause(s) listed below describe where an exemption from the University's Academic Regulations exists:

For the whole duration of their studies, students on this Programme are exempt from the following regulations:

- **[list exemptions] or state: No exemptions apply.**

B) VARIATIONS

The clause(s) listed below describe where a variation from the University's Academic Regulations exists:

Variation 1: Compensation

This programme varies from Regulation D5 point 4.

Compensation is not permitted on the MSc Sport and Exercise Psychology programme

Variation 2: [continue list of variations as necessary]

Additional Requirements

The programme requirements listed below are in addition to the University's Academic Regulations:

Additional requirement 1: [list]

Additional requirement 2: [continue list of additional requirements as necessary]

[1] References to University Regulations in this document apply to the content of the University's Regulatory Framework as set out on the University website here <https://www.keele.ac.uk/regulations/>.

Version History

This document

Date Approved: 10 June 2026

Previous documents

Version No	Year	Owner	Date Approved	Summary of and rationale for changes
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