Clinical Effectiveness Bulletin for NHS Primary Care in North Staffordshire

Issue No: 112 October 2016

About this Bulletin:

It is produced for NHS staff and partners of the Health Library and aims to draw attention to some of the key documents and reviews on clinical effectiveness that have been published in the previous month.

Where possible, links to the full text documents are included. Staff from SSOTP, North Staffs Combined Healthcare, UHNM, Stoke on Trent Public Health and CCG and practice staff in North Staffordshire can have help in finding full text from our Outreach Service.

Just get in touch via the contact details below.
Sources for Clinical Effectiveness Bulletin

Please suggest further sites that should be monitored in the production of this bulletin

Websites

Cochrane Library  http://www.thecochranelibrary.com/
Health Technology Assessment (HTA) Database  http://www.journalslibrary.nihr.ac.uk/hta
https://discover.dc.nihr.ac.uk/portal/home
Department of Health  http://www.gov.uk/dh
King’s Fund  http://www.kingsfund.org.uk/
NICE Guidance  https://www.nice.org.uk/guidance
Social Care Institute for Excellence  http://www.scie.org.uk/
NICE  http://www.nice.org.uk/
SIGN  http://www.sign.ac.uk/new.html
Primary Care Commissioning  www.pcc-cic.org.uk
Chartered Society of Physiotherapy  www.csp.org.uk
Health Social Care Information Centre  http://digital.nhs.uk/ 
Queen’s Nursing Institute:  http://www.qni.org.uk/
NMC  www.nmc.org.uk
RCN  https://www.rcn.org.uk/
Campbell Collaboration  http://www.campbellcollaboration.org/
http://www.gponline.com/news
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Important information if you use HDAS for research

NICE
If you have saved searches in the old database, you'll need to move them across to the new version of HDAS. You can find out how to do that here: https://hdas.nice.org.uk/help/#imports Please do not delay as the old HDAS will eventually be closed down. At the moment NICE are planning to keep the old version running until December. Some of the functions of the new HDAS are slightly different, so when you move your searches across you may find that you have errors. You may need to change your old search slightly. For general help with the new HDAS and its functions, see here: https://hdas.nice.org.uk/help/ Following the launch of new HDAS on Monday 17th October, you will not be able to save searches in old HDAS. If you need any help and support using the new HDAS then please get in touch with me, and I will try to help you.

Commissioning, Health Service Organisation and Administration

Unnecessary Treatments
Choosing Wisely UK
Choosing Wisely UK is a collaboration of a number of Royal Colleges, professional bodies and other health organisations. It is hosted by the Academy of Medical Royal Colleges. Their Choose Wisely campaign aims to highlight certain medical interventions, which, they feel, are less useful. The campaign aims to promote the concept of doing nothing as an acceptable option, in order to avoid needless stress for patients and the possibility of side effects. The recommendations are organised by Royal College so please scroll down to see the full list of contents.

Time-limited home-care reablement services for maintaining and improving the functional independence of older adults
Cochrane Collaboration
This review looks at services commonly known as reablement, short term interventions which aim to help adults regain their independence following and illness or injury. These interventions often take place immediately post discharge from inpatient services. The review was not able to make a firm decision on the efficacy of these services, due to the low quality of the evidence available. The authors recommend that further high quality research ought to be undertaken in this area.

New care models
King’s Fund
This report from the King’s Fund looks at five development sites: Dudley; Sandwell and West Birmingham (Modality Partnership); Salford; Northumberland; and South Somerset (Symphony Project). These areas have taken innovative approaches to further integration between multispecialty community providers (MCP) and primary and acute care systems (PACS).
Public Health and Lifestyle Services

**Fast food outlets by local authority**
Public Health England
This is a map of the density of fast food outlets by local authority. Data is available for download.

**Green Space and Health**
Parliamentary Office of Science and Technology
This summarises the evidence for both the physical and mental health benefits of access to green space.

**Local wellbeing, local growth: adopting health in all policies**
Public Health England
This resource is designed to help local authorities embed wellbeing actions and outcomes into all areas of their work.

**Cold weather plan for England**
Public Health England
Includes the full plan as well as action cards for commissioners (health and social care) and local authorities.

**Death on the Roads**
WHO
This is an interactive global map from WHO covering drink driving, speed, helmets, seat belts, child seats.

**Fuel Poverty & Health Toolkit**
Healthy places.
Fuel poverty exists when a household cannot afford to heat their home to an adequate level. This is an updated fuel poverty toolkit, intended to be a guide for public health professionals, health and wellbeing boards and local authorities in England.

**Self-injection rooms plan for Glasgow drug addicts given green light**
BBC
This article discusses plans to set up spaces in which to allow the injection of illegal drugs. Glasgow Alcohol & Drugs Partnership hopes that the move will reduce the incidence of HIV infection and help to decrease the amount of discarded needles which are found in public spaces in the city. Additional information from the Glasgow Alcohol & Drugs Partnership can be found here: “Taking away the chaos” The health needs of people who inject drugs in public places in Glasgow city centre
A healthful form of work: The history of public health nursing
RCN
This exhibition tells the story of public health nursing, from early efforts to eradicate communicable diseases, to more recent times and their focus on lifestyle factors.

General Practice

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Pentasaccharides for the prevention of venous thromboembolism
Cochrane Collaboration
Moderate to high quality evidence shows that fondaparinux is effective for short-term prevention of VTE when compared with placebo. Most data were derived from patients undergoing orthopaedic surgery, so the authors note that these conclusions do primarily relate to these patients.

Coeliac disease
NICE
Updated quality standard for diagnosis and management of Coeliac disease.

Funding warning over STP plans to roll out GP care homes service
GP Online
A successful vanguard in Sutton has been able to improve services provided for residents of local care homes. A GP was assigned to provide a visit for each care home once a week, to give wellbeing and health advice, as well as to support end of life care planning. Although the project was well received, funding has since been removed, and here Dr Rebekah Dowdy voices her concerns about the sustainability of the project.

Physiotherapy

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interventions often take place immediately post discharge from inpatient services. The review was not able to make a firm decision on the efficacy of these services, due to the low quality of the evidence available. The authors recommend that further high quality research ought to be undertaken in this area.

NHS leaders would benefit from evidence about musculoskeletal (MSK) services, GP and healthcare entrepreneur Jonathan Serjeant told Frontline CSP
Dr Serjeant, clinical director of Brighton and Hove Integrated Care, has suggested that MSK service models be reviewed and innovative ways of working be highlighted to NHS leaders.

Pilot study of a multidisciplinary gout patient education and monitoring program
Seminars in Arthritis and Rheumatism
This paper gives details of a multidisciplinary program of gout patient education and monitoring, which was received favourably and showed some promising results.

Osteoarthritis and mortality: A prospective cohort study and systematic review with meta-analysis
Seminars in Arthritis and Rheumatism
This study found an association between osteoarthritis and mortality from cardiovascular disease.

Is there a difference in physical activity levels in patients before and up to one year after unilateral total hip replacement? A systematic review and meta-analysis
Clinical Rehabilitation
This study found little evidence of an increase in physical activity levels post-op.

Community pharmacy reforms
Department of Health
The latest from the Department of Health on the community pharmacy contractual framework for 2016/17.

Methods of milk expression for lactating women
Cochrane Collaboration
This review looks at a variety of milk expression techniques and their suitability for women who have chosen to express milk after the birth of their baby.
**Time-limited home-care reablement services for maintaining and improving the functional independence of older adults**

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**Plans for nursing associates to administer drugs unsupervised**

**RCN**
This is the RCN’s response to plans for nursing associates to take on increased responsibilities. The debate about the role of nursing associates continues.

**A healthful form of work: The history of public health nursing**

**RCN**
This exhibition tells the story of public health nursing, detailing early efforts to eradicate communicable diseases, to more recent times and their focus on lifestyle factors.

**Mental Health**

**Unnecessary Treatments**

**Choosing Wisely UK**
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**Older Adults**

**Time-limited home-care reablement services for maintaining and improving the functional independence of older adults**

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This review looks at services commonly known as reablement, short term interventions which aim to help adults regain their independence following and illness or injury. These interventions often take place immediately post discharge from inpatient services. The review was not able to make a firm decision on the efficacy of these services, due to the low quality
of the evidence available. The authors recommend that further high quality research ought to be undertaken in this area.

**Sexual Health**

**Pre-exposure prophylaxis of HIV in adults at high risk: Truvada (emtricitabine/tenofovir disoproxil)**

**NICE**

An evidence summary from NICE on PrEP for the prevention of HIV.

**Social Care**

**NHS Digital - research study about how frontline social workers can be supported through use of information and technology (August 2016 – March 2017)**

**SCIE**

NHS Digital has commissioned SCIE in partnership with market research agency, GfK, to gather insights into how the social work role can be supported, through the use of information and technology.

**The framework for enhanced health in care homes**

**NHS England**

This report looks at the work of six vanguards which are working to improve the quality of life, healthcare and planning for people who are living in care homes.