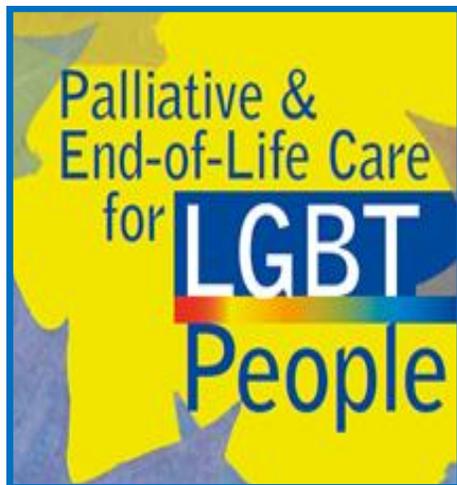
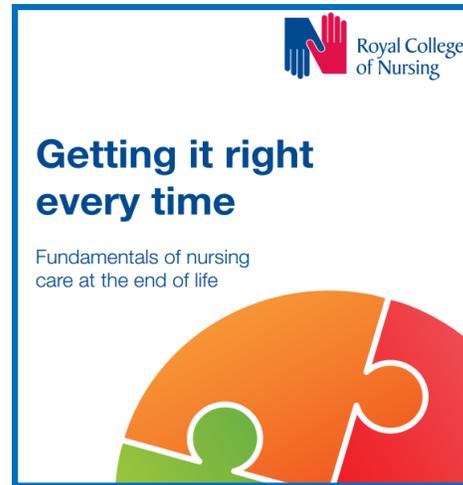


## Clinical Effectiveness Bulletin for NHS Primary Care in North Staffordshire

### Special Edition: *I didn't want that*; Palliative and End of Life Care



This is a collection of resources relating to the Palliative and End of Life Care Conference, held on Thursday 11<sup>th</sup> May at the Moat House, Stoke on Trent. This bulletin includes a number of frameworks, documents and videos which were discussed by the many inspirational speakers at the conference. It is not intended to be a definitive list, many fantastic resources were shared during the day, and there was not room to list them all here.

# NHS Library and Information Service North Staffordshire

## Contents in this issue:

Frameworks and Guidance.....	3
Having the discussions, videos and plays.....	4
Palliative care for LGBT communities.....	4
Improving Care- campaigners and carer's voices.....	5
Useful websites.....	5

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## Frameworks and Guidance

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### **Treatment and care towards the end of life: good practice in decision making GMC**

The GMC's guidance for meeting legal obligations, as well as meeting patients' needs and wishes.

[http://www.gmc-uk.org/guidance/ethical\\_guidance/end\\_of\\_life\\_guidance.asp](http://www.gmc-uk.org/guidance/ethical_guidance/end_of_life_guidance.asp)

### **Palliative and End of Life Care RCGP**

In 2013, RCGP entered into a three year partnership with Marie Curie to improve the palliative and end of life care provided to patients by GPs. Resources include a Palliative and End of Life Care Toolkit, frameworks and guidelines.

<http://www.rcgp.org.uk/clinical-and-research/clinical-resources/end-of-life-care-resources-for-gps.aspx>

### **Advanced Care Planning Gold Standards Framework**

Resources include forms for documenting end of life discussions and a video guide to advanced care planning in 5 simple steps.

<http://www.goldstandardsframework.org.uk/advance-care-planning>

### **The AMBER care bundle Guy's and St Thomas' Hospital Trust**

The AMBER care bundle is a simple approach used in hospitals when clinicians are uncertain whether a patient may recover, and are concerned that they may only have a few months left to live.

<http://www.ambercarebundle.org/homepage.aspx>

### **NICE Palliative care Clinical Knowledge Summary**

Guidance covering general care, prognostication and communication.

<https://cks.nice.org.uk/palliative-care-general-issues>

### **Getting it right every time. Fundamentals of Nursing Care at the end of life. Royal College of Nursing**

A resource developed to assist nurses and health care assistants across all health care settings, caring for people in the last year of their life.

<https://www.rcn.org.uk/professional-development/publications/pub-004871>

### Having the discussions, videos and plays

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#### **Homeward Bound-A play about relationships, love, empathy and compassion. NCPC**

This play is designed to share the story of Lesley and Seth Goodburn (played by Brian Daniels and Sophie Turner). The play has been written to give people, especially health and social care professionals, the opportunity to reflect on the importance of compassionate person and family centred care at the end of life and to help individuals to understand how little things mean a lot to the person who is dying and to their family.

<http://www.ncpc.org.uk/homewardboundresource>

#### **Ain't the Way to Die**

##### **Z Dogg MD**

Z Dogg MD's unique take on the taboo around death and dying, and how this prevents carers and clinicians from providing patients with a good death.

<http://zdoggm.com/aint-the-way-to-die/>

#### **'A Party for Kath'**

##### **Dying Matters**

'A Party for Kath' is an award-winning, five-minute film produced by the Dying Matters Coalition to demonstrate the benefits of greater openness around death and dying.

<http://www.dyingmatters.org/page/party-kath>

### Palliative care for LGBT communities

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#### **ACCESSCare for lesbian, gay, bisexual and trans people facing advanced illness and bereavement**

##### **King's College London**

This project (2014-2016), led by Dr Richard Harding, and funded by Marie Curie, aimed to improve palliative care for people who identify as lesbian, gay, bisexual and/or trans (LGBT) and are in the later stages of a life-limiting illness. Links to a range of resources and research are available from the ACCESSCare webpage.

<http://www.kcl.ac.uk/lsm/research/divisions/cicelysaunders/research/living/access/index.aspx>

#### **Palliative & End-of-Life Care for LGBT People**

##### **King's College London**

A guide for lesbian, gay, bisexual and/or trans people facing advanced illness.

[https://pos-pal.org/h/file\\_pdf.php?f=LGBT\\_Resource-Online\\_Version.pdf](https://pos-pal.org/h/file_pdf.php?f=LGBT_Resource-Online_Version.pdf)

## NHS Library and Information Service North Staffordshire

### Improving Care- campaigners and carer's voices

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#### **Tommy on Tour Tommy Whitelaw**

This website belongs to Tommy Whitelaw, whose mission is to raise awareness of dementia. His website contains some useful information, and his keynote speech to the RCN congress can be seen via the link below.

<http://tommy-on-tour-2011.blogspot.co.uk/>

<https://www2.rcn.org.uk/newsevents/congress/2016/news/keynote-speech-from-tommy-whitelaw>

#### **Hello My Name Is...**

Dr Kate Granger started this campaign to improve care during her battle with terminal illness. Although she sadly passed away last year, her work lives on.

<http://hellomynameis.org.uk/home>

### Useful websites

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#### **The National Council for Palliative Care**

<http://www.ncpc.org.uk/>

#### **Macmillan**

<http://www.macmillan.org.uk/information-and-support/treating/treatment-decisions/questions-to-ask/questions-supportive-palliative-care.html>

#### **Social Care Institute for Excellence**

<http://www.scie-socialcareonline.org.uk/>  
<http://www.scie.org.uk/>

#### **Dignity in Care**

<http://www.dignityincare.org.uk/>