

Useful Questions to ask your CAT group to stimulate discussion

These are some useful question and observations that may help start your CAT question discussions.

- Is there a change in service provision? E.g. telehealth
- Is there evidence to help staff feel comfortable with a change in service provision?
- Is there evidence to support a new aspect of a service, or an aspect of a service is at risk of being stopped / disbanded and evidence required to counter that
- What is the evidence for new treatment?
- Covid initially stopped steroid injections – what other options do we have – evidence, e.g. Osteril use
- What does good quality physio / podiatry etc look like for a particular condition?
- Is there a gap in service provisions – is there evidence to support a new business case?
- Review of or update of management pathways
- Where / what is the variation in our practice? Is this variation evidence based?
- Is there a recent paper / NICE guidance that could change practice?

You will then find the PICO (Population, Intervention, Comparator, Outcome) useful in refining your topic into an answerable structured question.