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T2T Participant Newsletter



Seasonal Wishes from the T2T in Gout Trial

Thank you for being part of the T2T trial. With your continued support, we are making steady progress in the trial. In this newsletter, we'll share study updates, reminders and ways you can stay involved as we continue follow-up.

What's happening this year?

More participants will be completing the trial over the coming months, so keep an eye out for your 'thank you' letter.

Follow-up appointments will continue until May 2026. If you are unable to attend or need to change your visit date, please let your practice know as soon as possible.

We are also beginning to bring together the information collected so far, ready to start analysing it next year.

We are grateful for your ongoing support

The information we receive from both usual care and treat-to-target participants is invaluable in helping us understand the best way to manage gout.

Gout flares: Please continue to report gout flares when they occur using your chosen method. If you forget to report flares, please contact Keele CTU by phone.

Flares are to be reported for two additional years after your final research visit (Please see overleaf).

Keeping in touch As part of your ongoing participation in the T2T trial, it is important that we keep your information up to date. Here are a few things to let us know about:

Changes to your details: If you move house, change your GP practice, or change your contact information, please let us know.

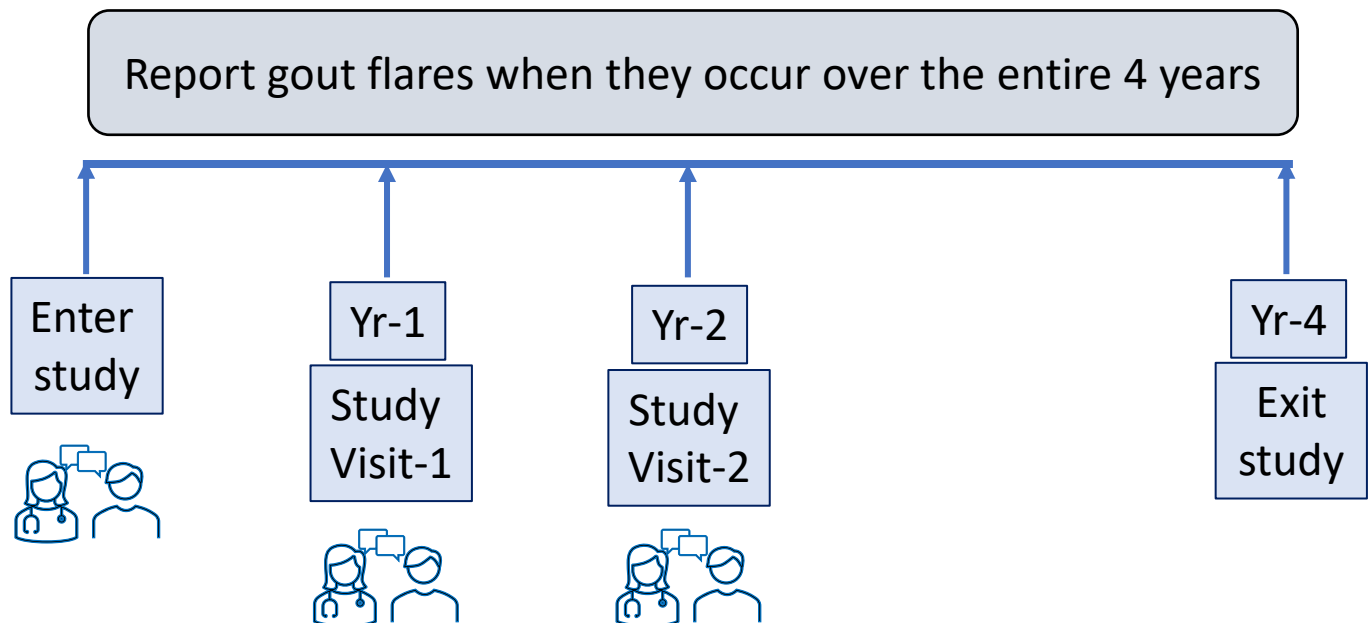
Sharing your experiences: We'd love to hear about your experience of taking part in the T2T trial. Your feedback helps us improve the study and support future participants.

If you have any questions or concerns at any stage, please do not hesitate to contact the Trial Manager.

Contact the T2T trial manager | 01782 732950 | ctu.t2tgout@keele.ac.uk



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Gout Flares – Important Reminder

Please continue to report any gout flares as soon as they occur, using your usual chosen method (e.g. paper diary, SMS or online link). Timely reporting ensures we can accurately monitor your flares and gather essential data for the study.

If you happen to forget to report a flare, don't worry, just contact the study team at Keele CTU by phone as soon as possible so we can update your records.

We would like to remind all participants that **gout flares should continue to be reported for two additional years after your two year follow up appointment.** This ongoing information is vital to understanding the longer-term effects of treatment and condition progression.

Your continued involvement makes a significant contribution to improving gout care and research. Thank you for your commitment!

Contact the T2T trial manager | 01782 732950 | ctu.t2tgout@keele.ac.uk