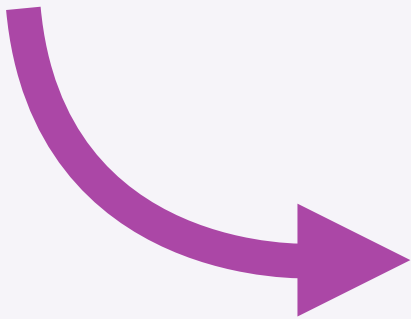




Click on
the button





Welcome to careLeD

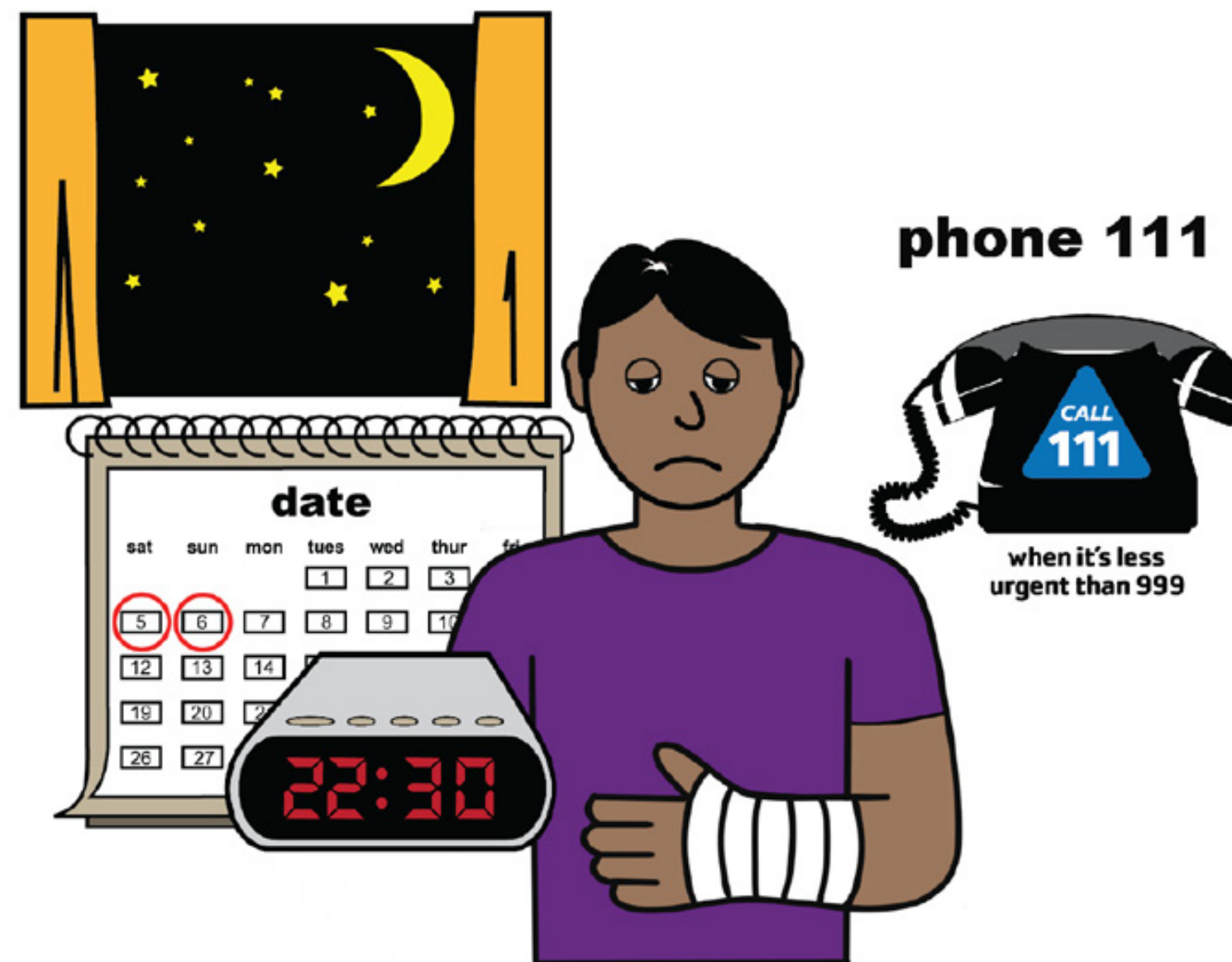
careLeD has been designed with people with a learning disability to help you access urgent and emergency care.



careLeD

Urgent and emergency care for
people with a learning disability.

Urgent care



What is an urgent health need, when should you call 111 for someone else?



careLeD

Urgent and emergency care for people with a learning disability.

HELPING OTHERS

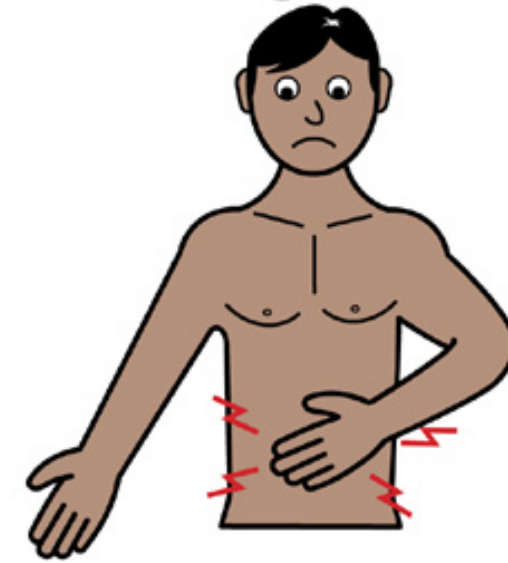
injury



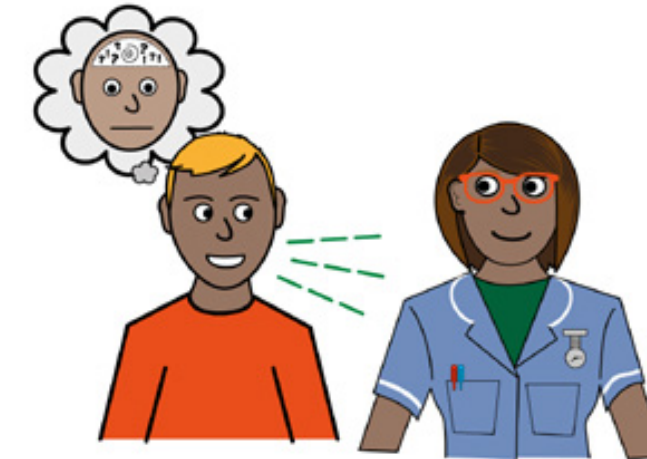
temperature



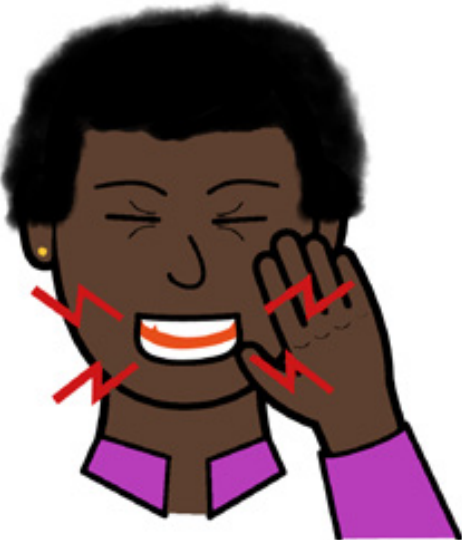
tummy ache



talk to



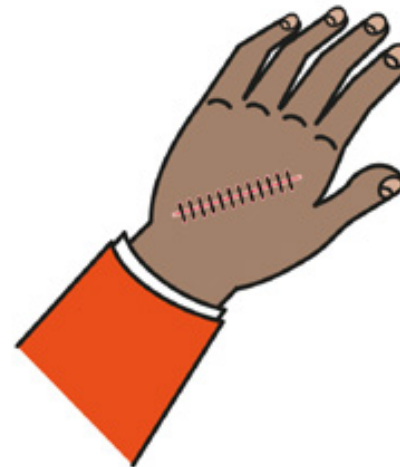
toothache



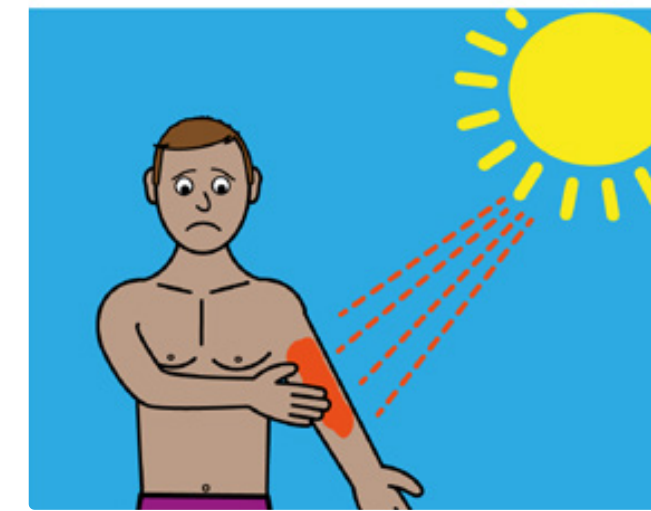
bump on head



stitches



sun burn



**An illness or injury
that needs attention
quickly but is not
life-threatening**



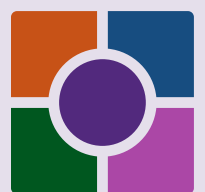
careLeD

Urgent and emergency care for
people with a learning disability.

Emergency care



What is an emergency health need, when should you call 999 for someone else?

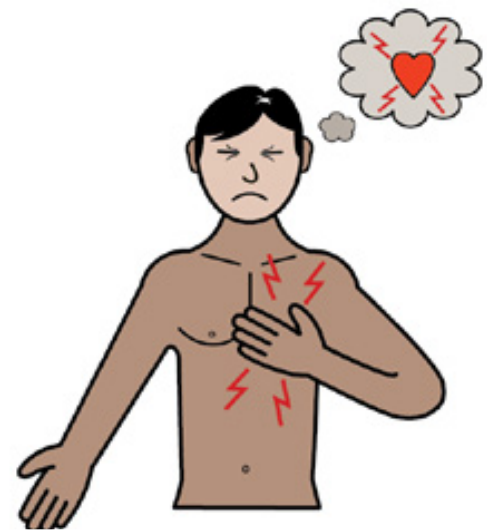


careLeD

Urgent and emergency care for
people with a learning disability.

HELPING OTHERS

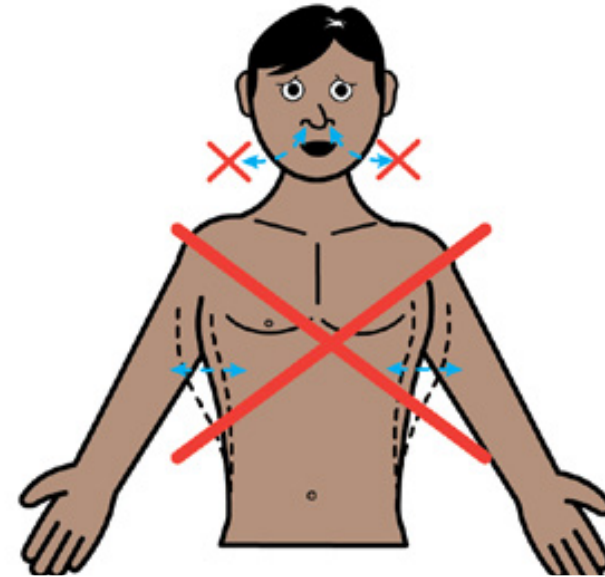
heart attack



stroke



breathing problem



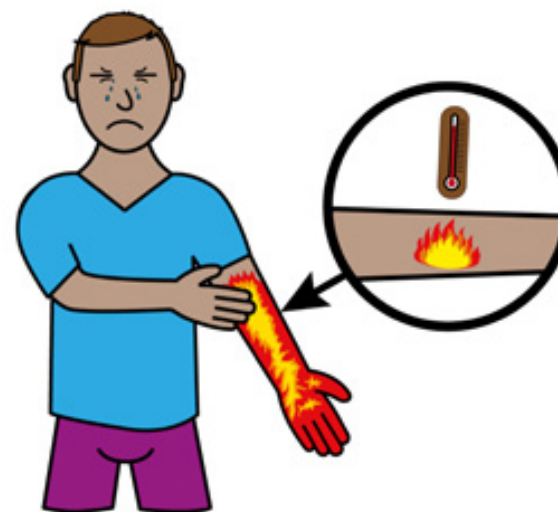
unconscious



seizure



bad burn



car accident



wound



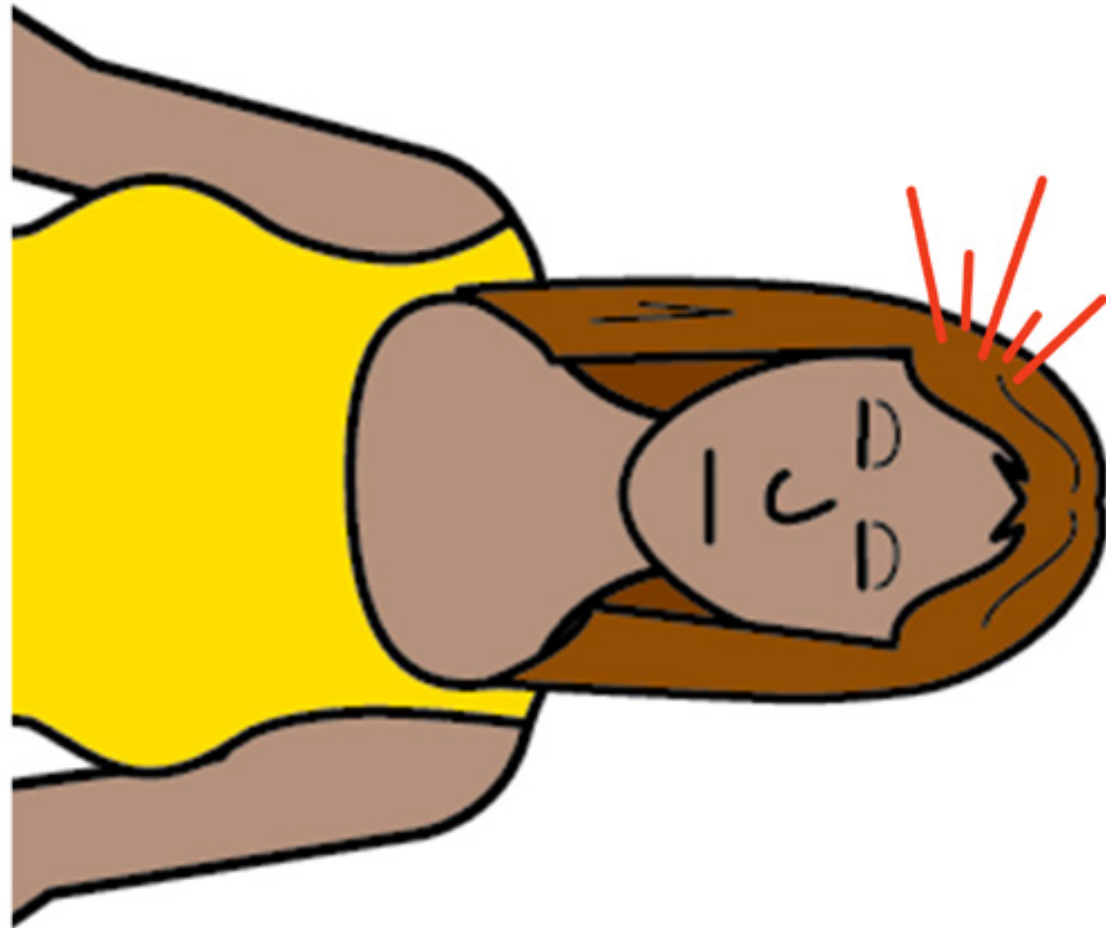
A life-threatening condition or injury that needs treatment as soon as possible



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Urgent and emergency care for people with a learning disability.

head injury



Christine and Dylan's Story

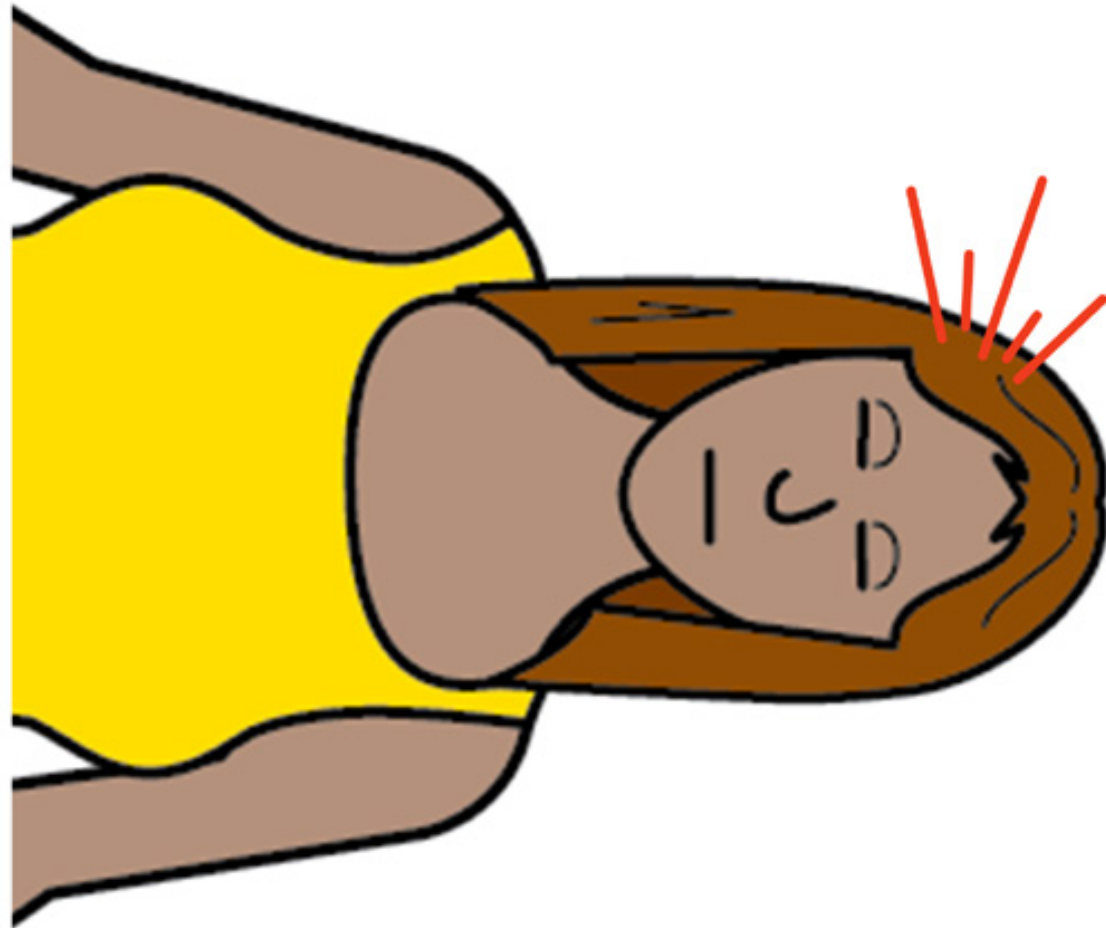
- Christine is playing rugby.
- Christine and Dylan bump heads.
- Christine falls to the floor.
- Christine won't wake up.



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Urgent and emergency care for
people with a learning disability.

head injury



Does Dylan phone:

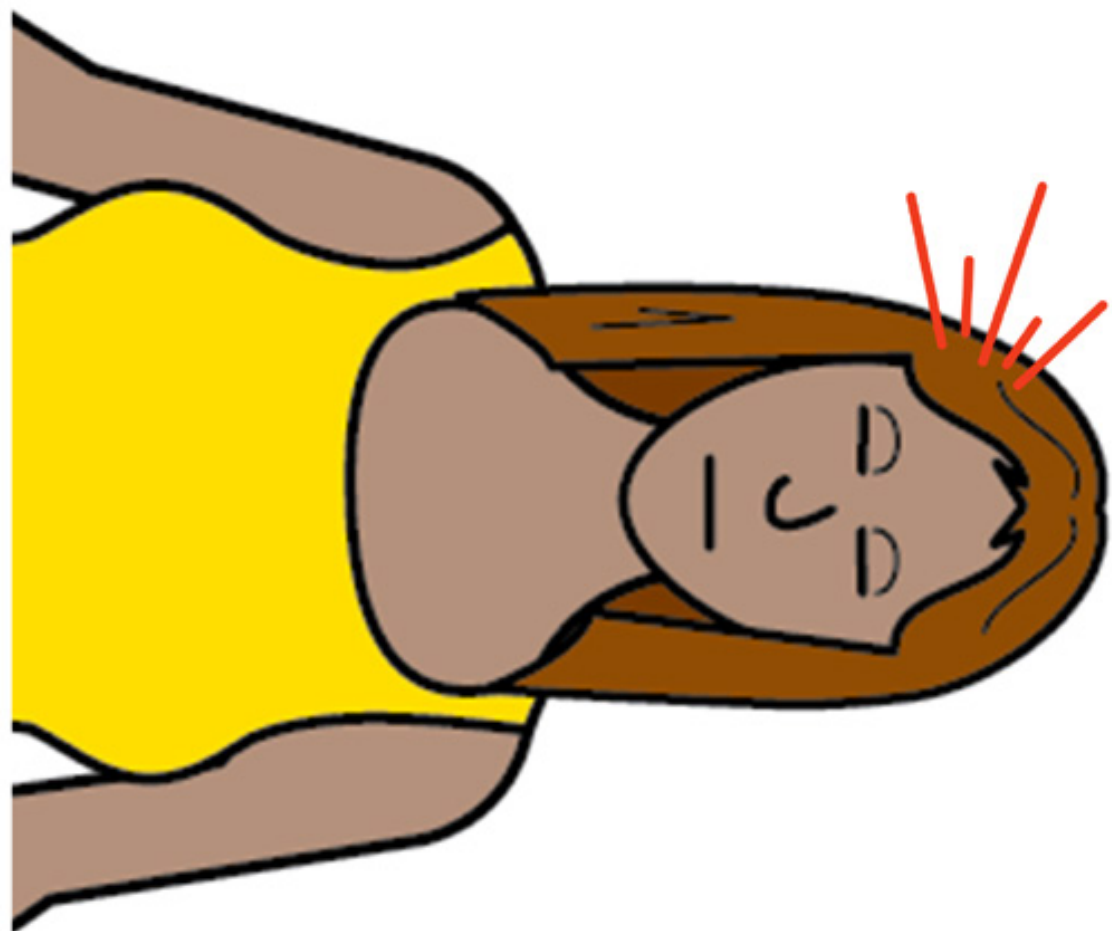


careLeD

Urgent and emergency care for
people with a learning disability.

999

head injury

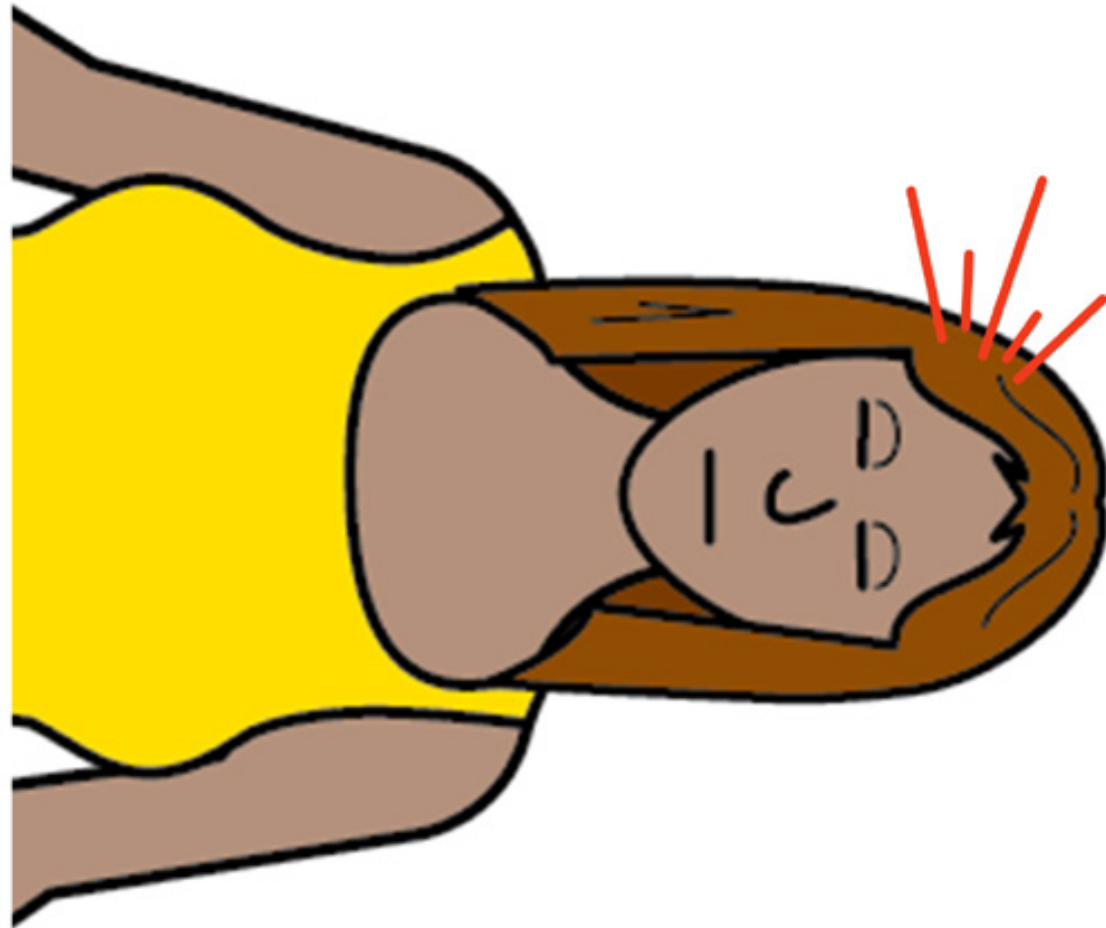


Correct



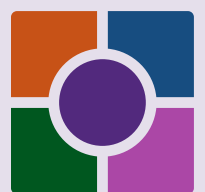
111

head injury



Try again

Christine has badly hurt her head.

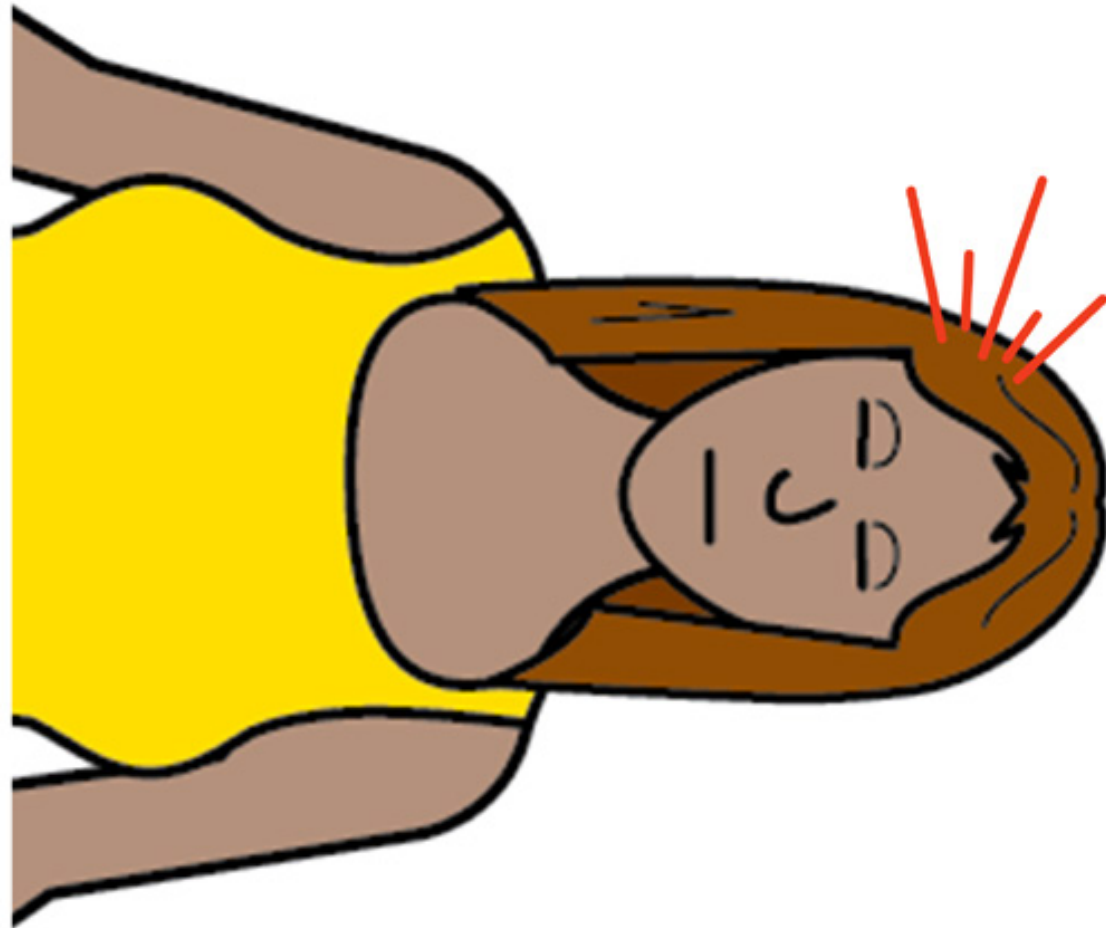


careLeD

Urgent and emergency care for
people with a learning disability.

Unsure

head injury



Hint

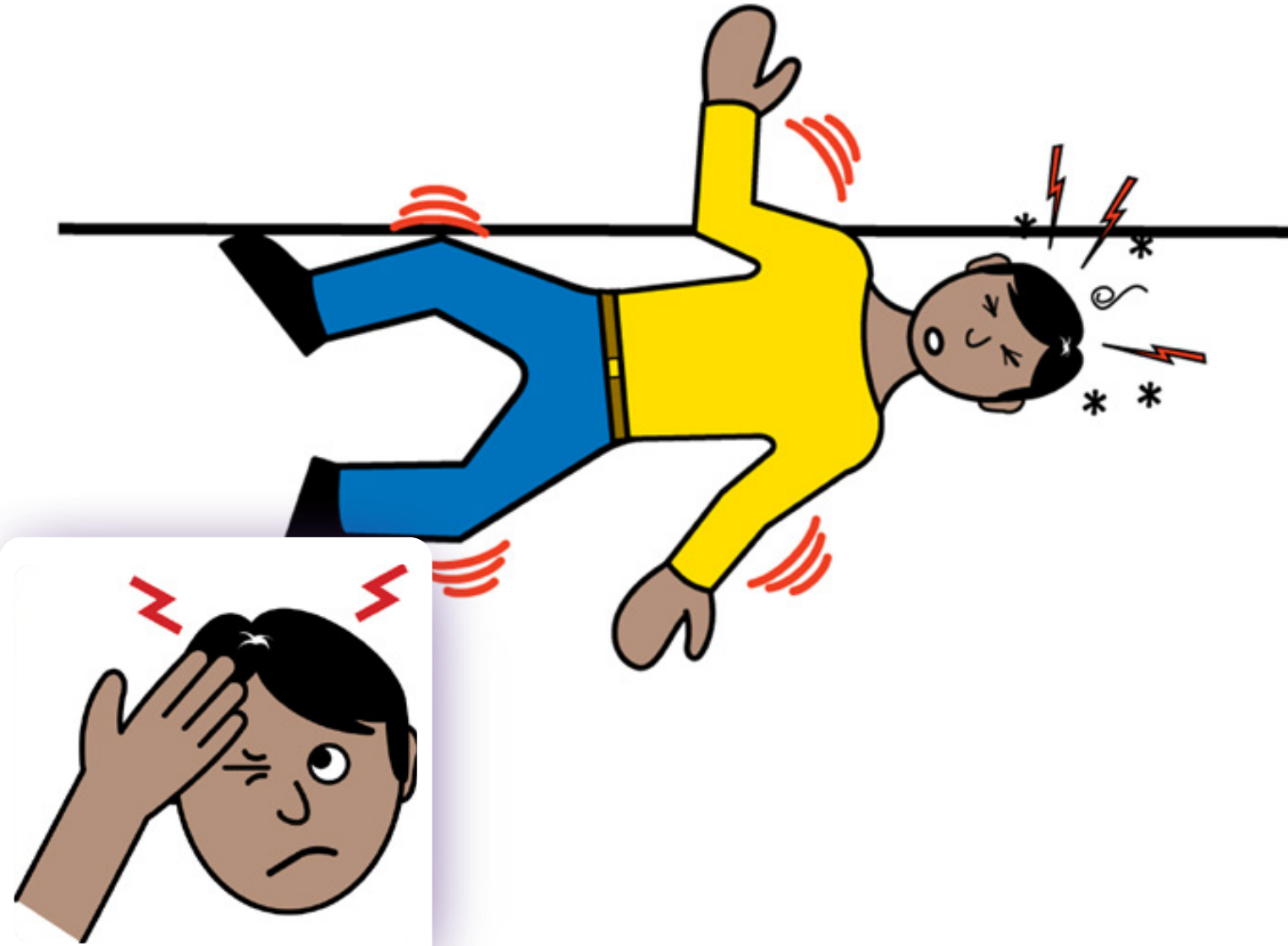
Christine has badly hurt her head and needs to go to hospital.



careLeD

Urgent and emergency care for
people with a learning disability.

seizure



Rory and Skye's Story

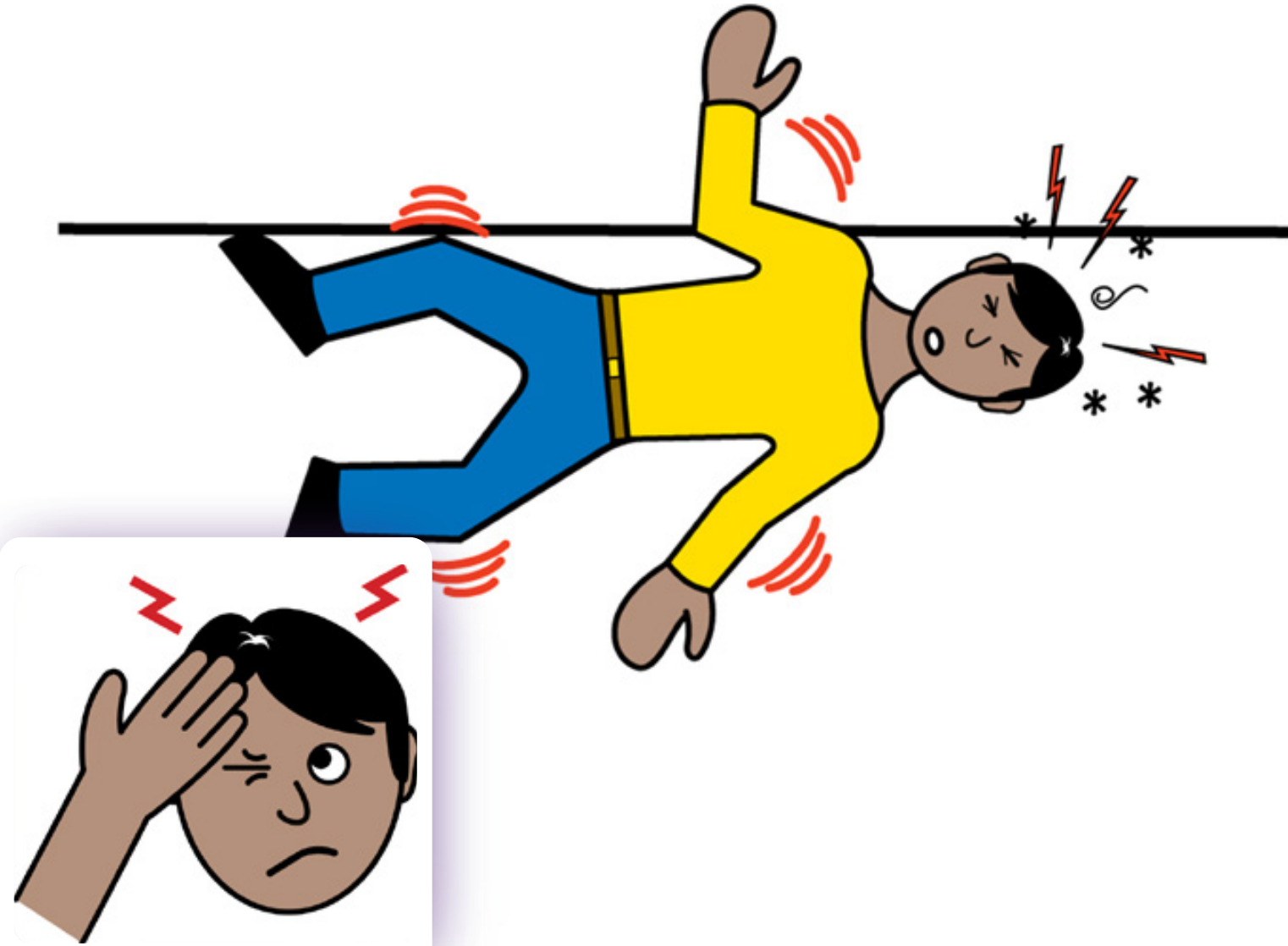
- Rory is making a cup of tea for Skye.
- Rory starts shaking having a seizure (a fit).
- He hits his head as he falls to the floor.



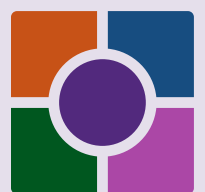
careLeD

Urgent and emergency care for
people with a learning disability.

seizure



Does Skye phone:

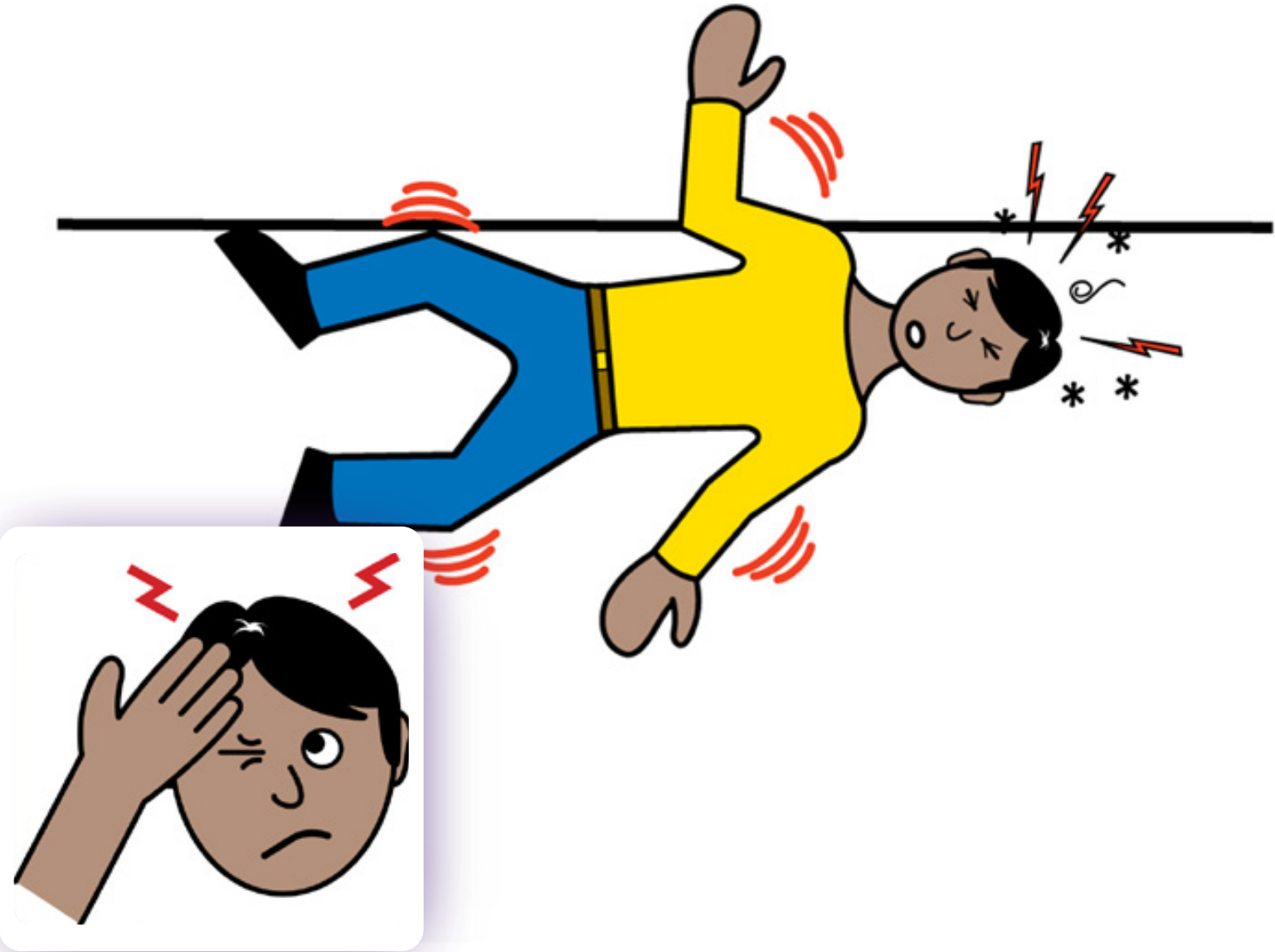


careLeD

Urgent and emergency care for
people with a learning disability.

999

seizure

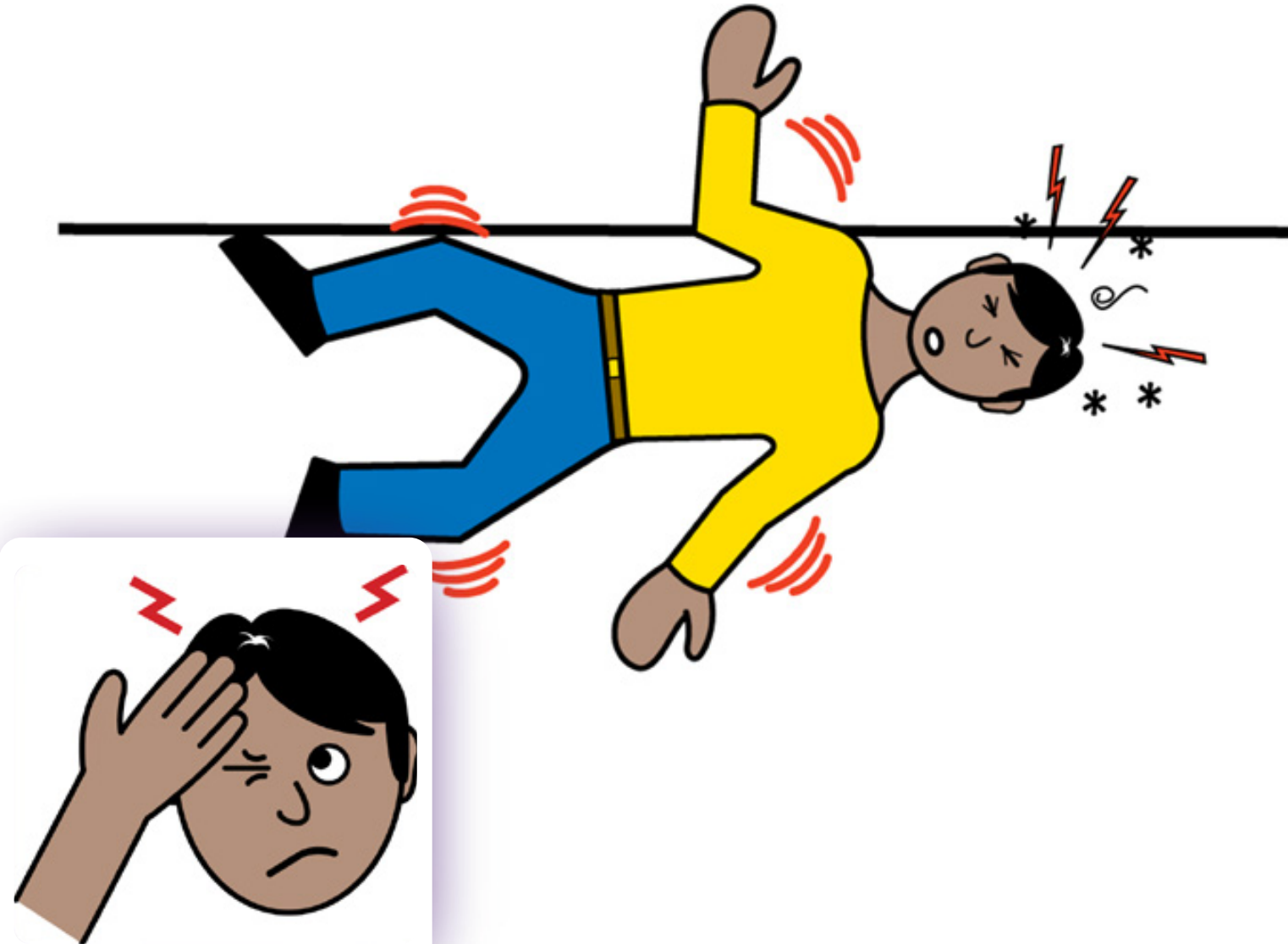


Correct



111

seizure



Try again

Rory has badly hurt his head.

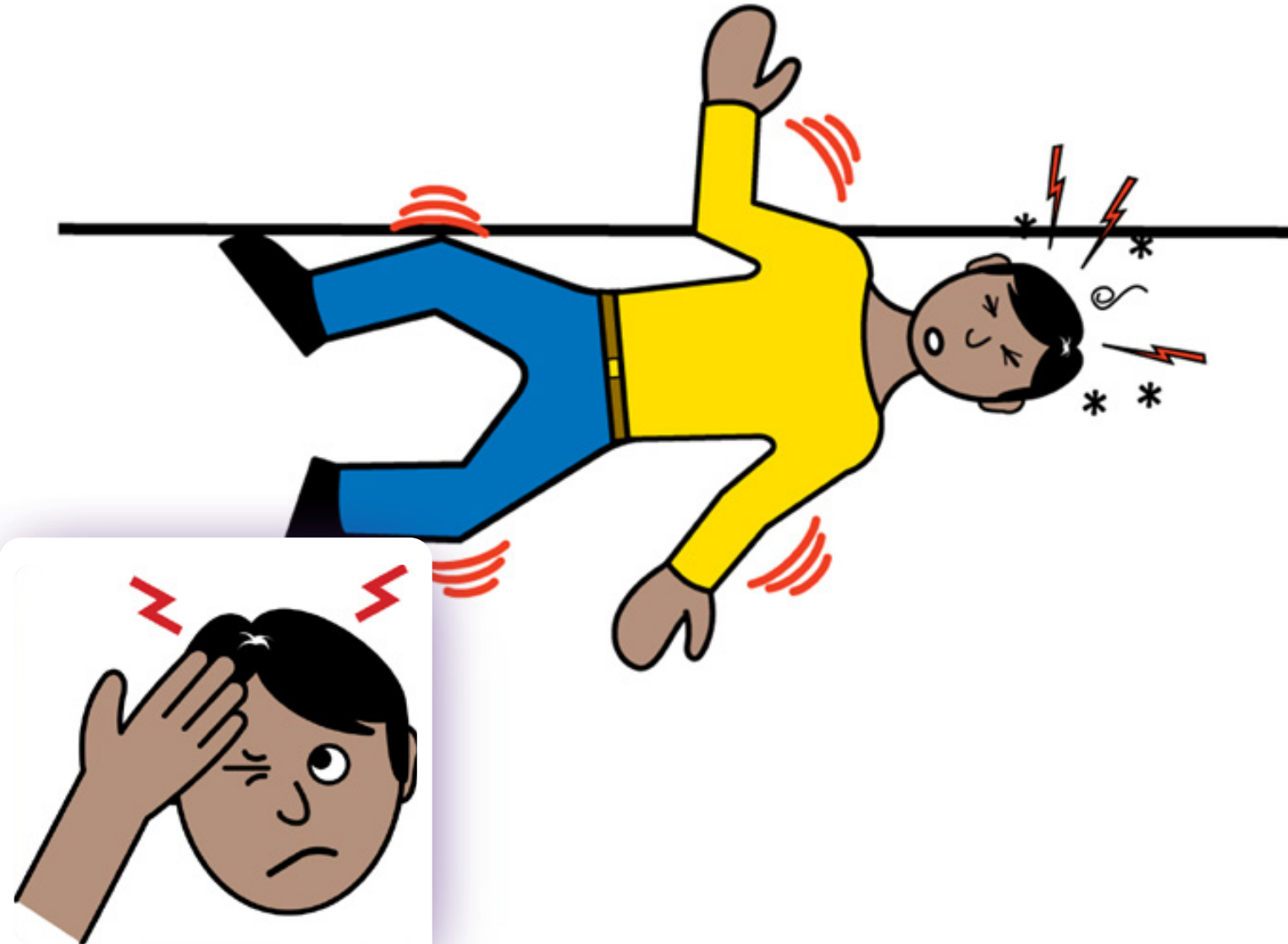


careLeD

Urgent and emergency care for
people with a learning disability.

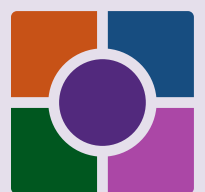
Unsure

seizure



Hint

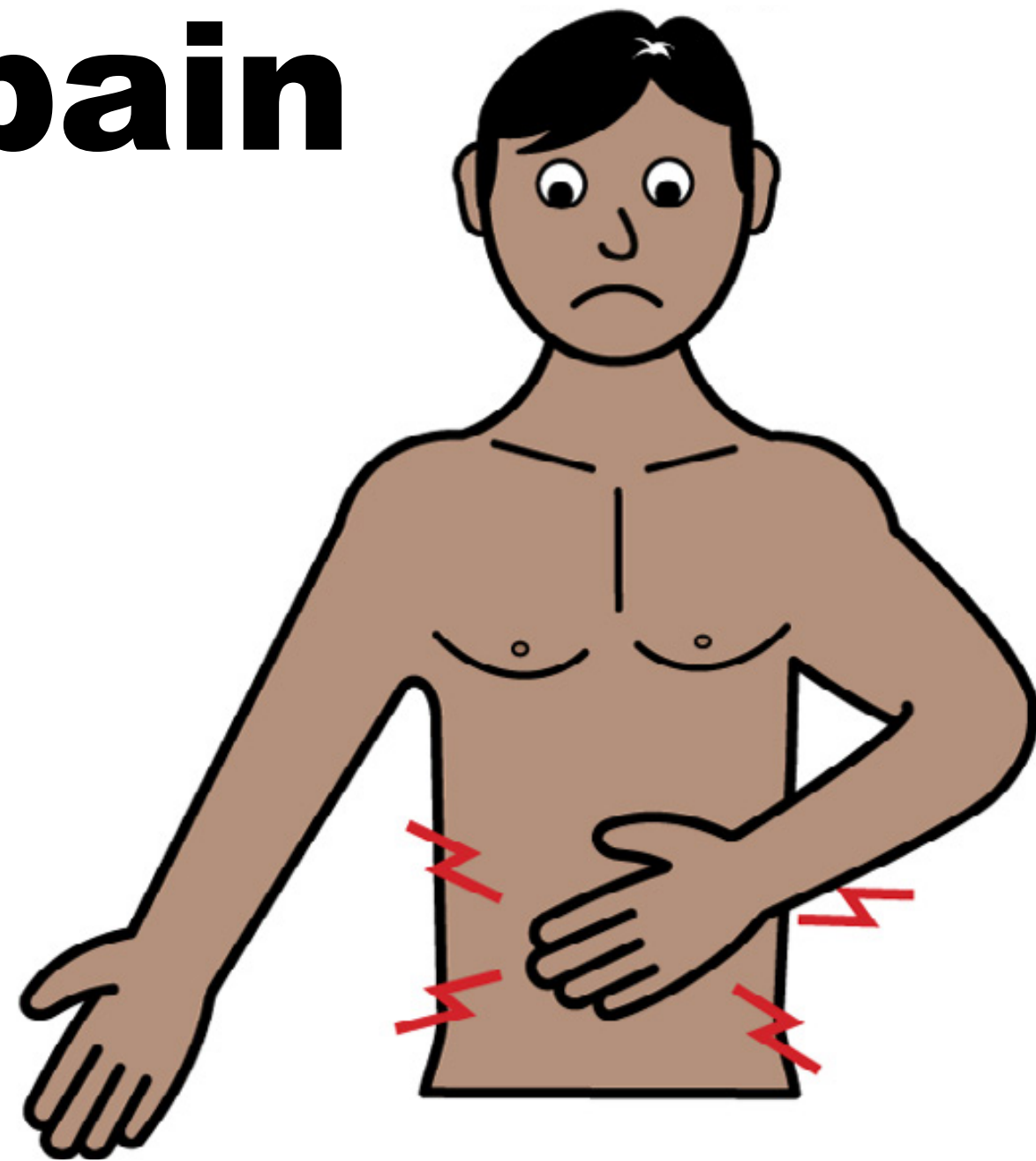
Rory is badly hurt and needs to go to hospital.



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Urgent and emergency care for
people with a learning disability.

tummy pain



Kofi's Story

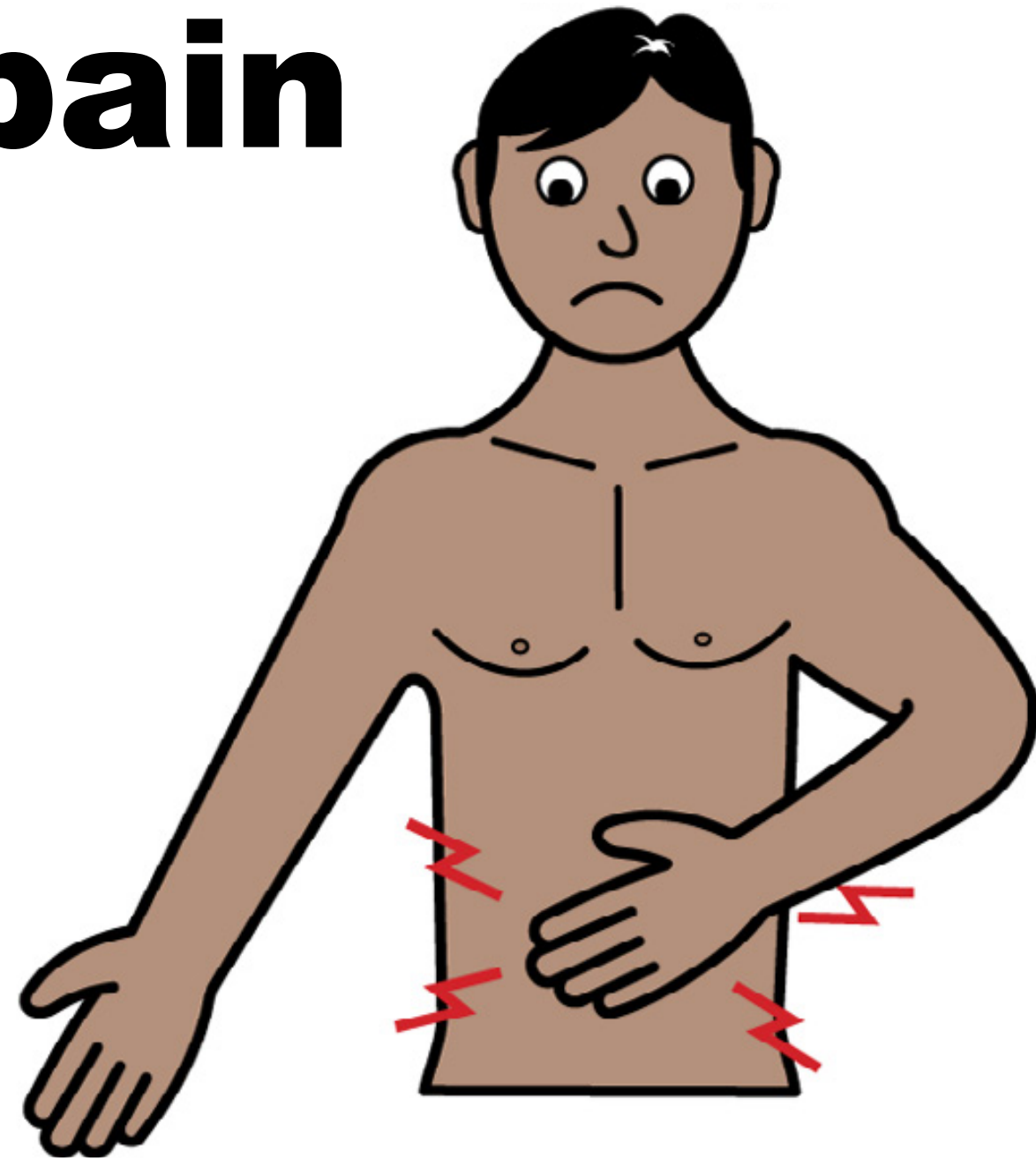
- It is Sunday morning.
- Kofi is feeling sick.
- His tummy is hard and swollen.
- He is in pain.
- And he is worried that he has not had a poo for three days.



careLeD

Urgent and emergency care for
people with a learning disability.

**tummy
pain**



**Does Kofi's
carer phone:**

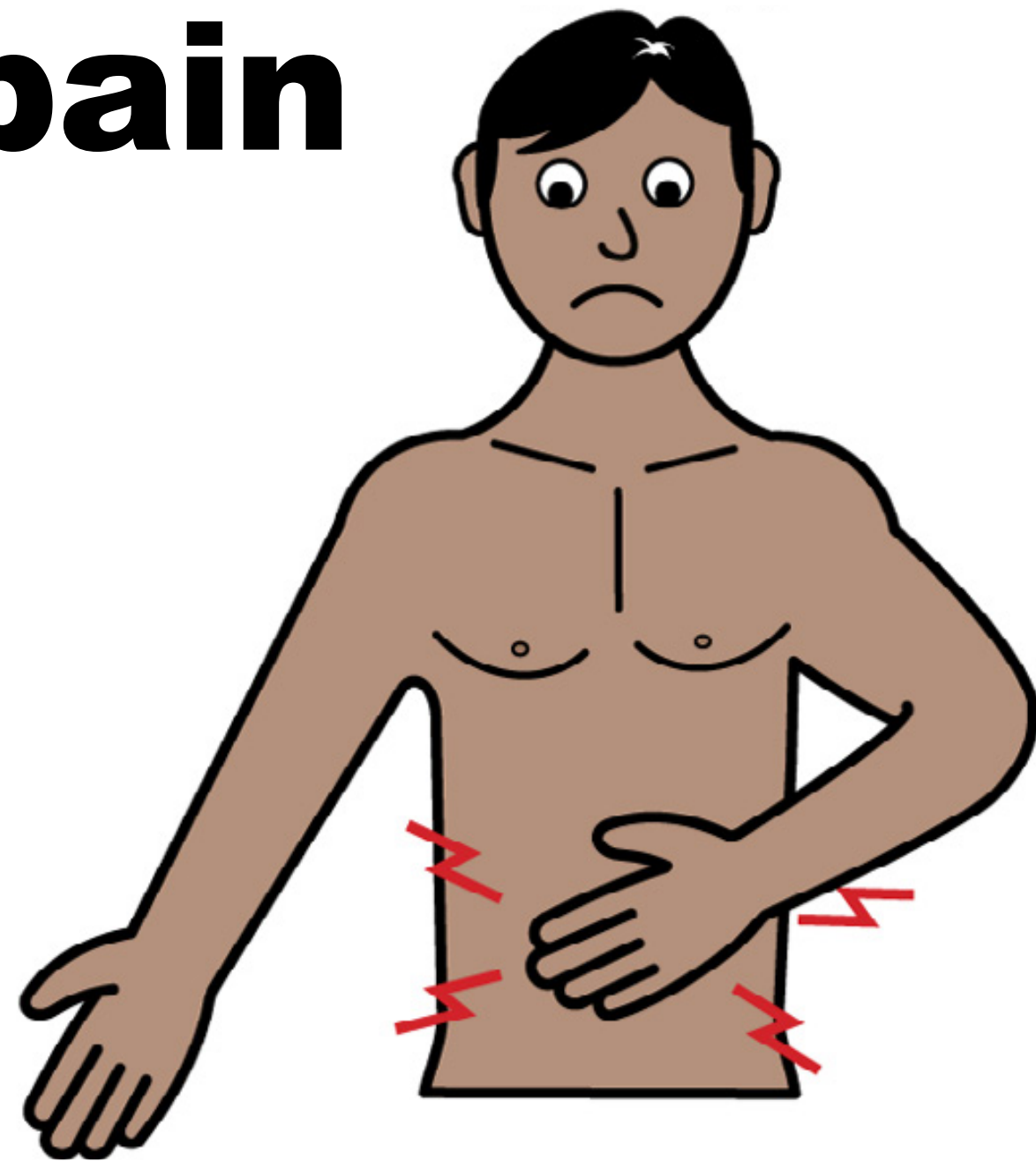


careLeD

Urgent and emergency care for
people with a learning disability.

111

**tummy
pain**



Correct

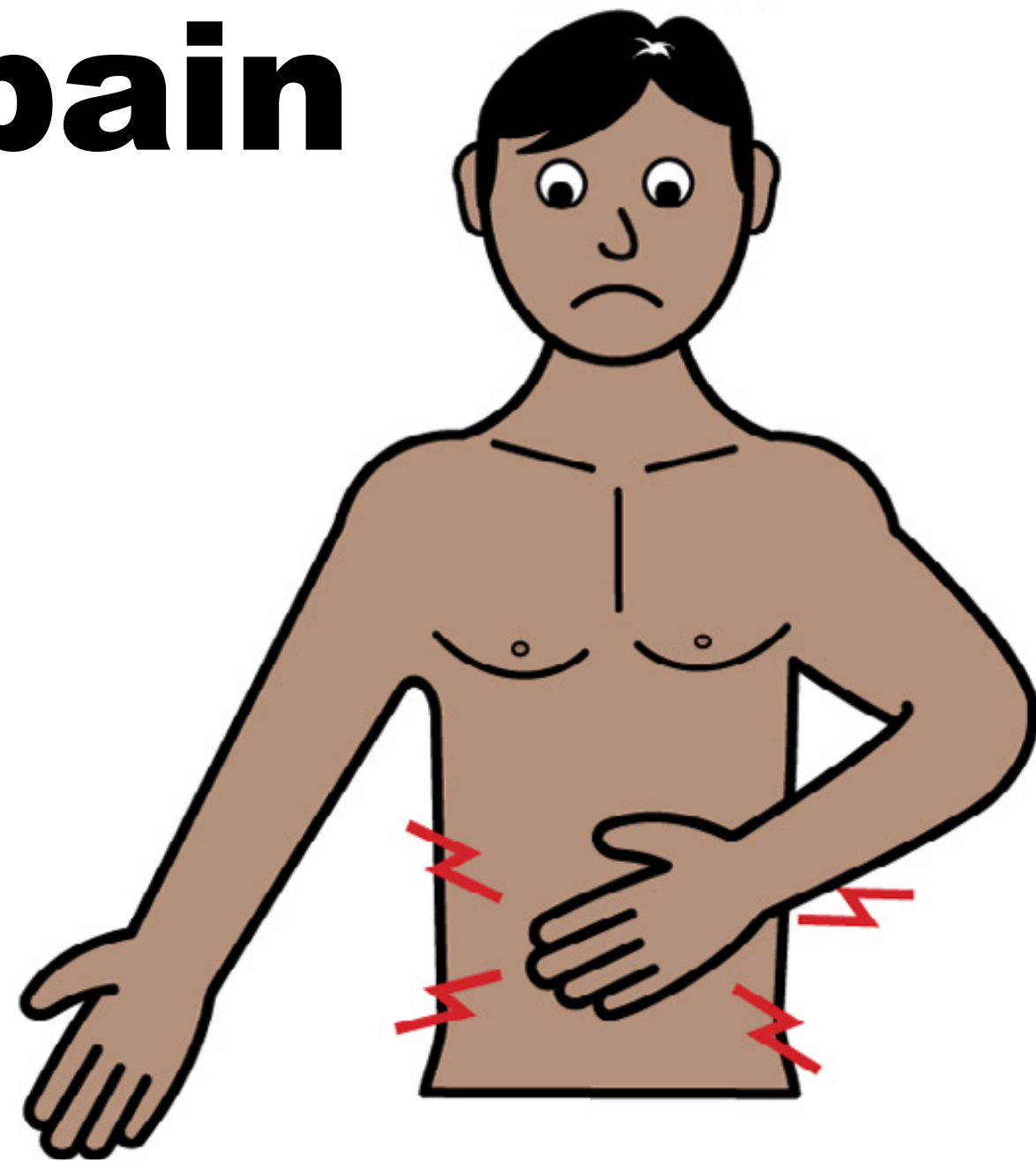


careLeD

Urgent and emergency care for
people with a learning disability.

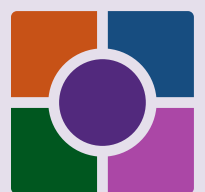
999

**tummy
pain**



Try again

Kofi needs help, but it is not an emergency.

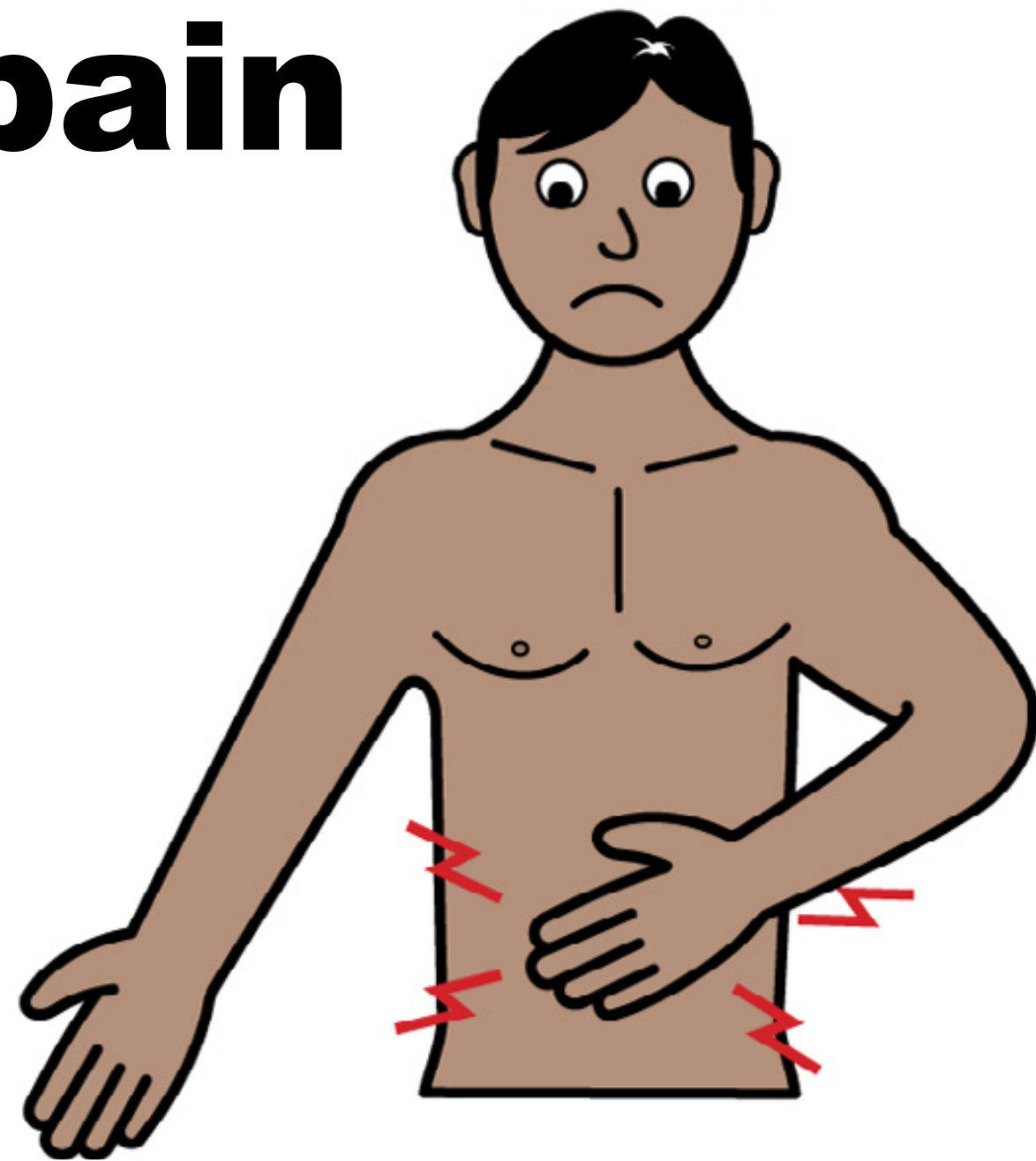


careLeD

Urgent and emergency care for
people with a learning disability.

Unsure

**tummy
pain**



Hint

Kofi needs help, but it is not an emergency.



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Urgent and emergency care for
people with a learning disability.

high temperature



Alex's Story

- Alex feels hot and cold and is unable to sleep.
- They keep sneezing.
- They are anxious.



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Urgent and emergency care for
people with a learning disability.

**high
temperature**



**Does Alex's
dad phone:**



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Urgent and emergency care for
people with a learning disability.

111

**high
temperature**



Correct



careLeD

Urgent and emergency care for
people with a learning disability.

999

**high
temperature**



Try again

Alex needs help, but it is not an emergency.



careLeD

Urgent and emergency care for
people with a learning disability.

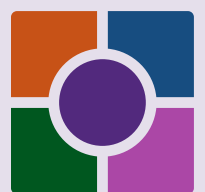
Unsure

**high
temperature**



Hint

Alex needs help, but it is not an emergency.



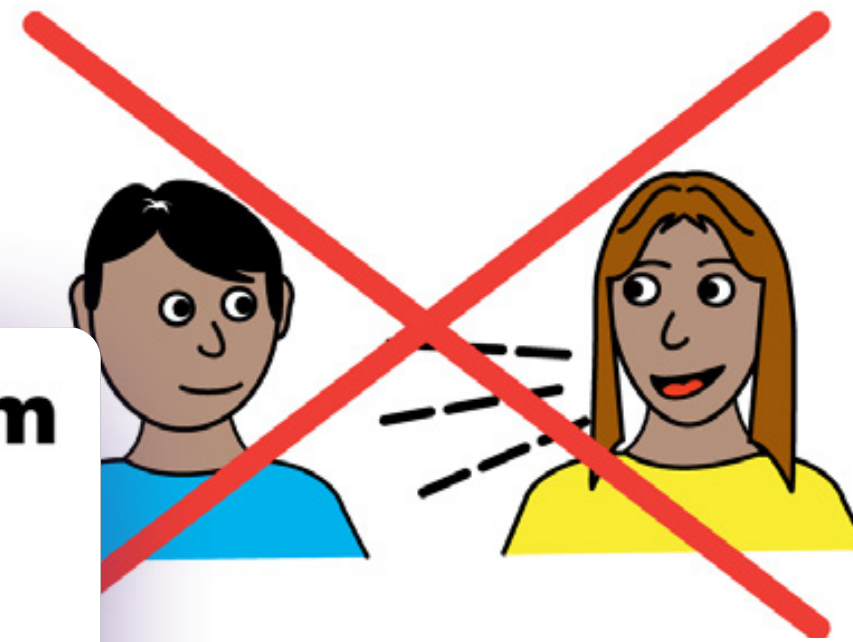
careLeD

Urgent and emergency care for
people with a learning disability.

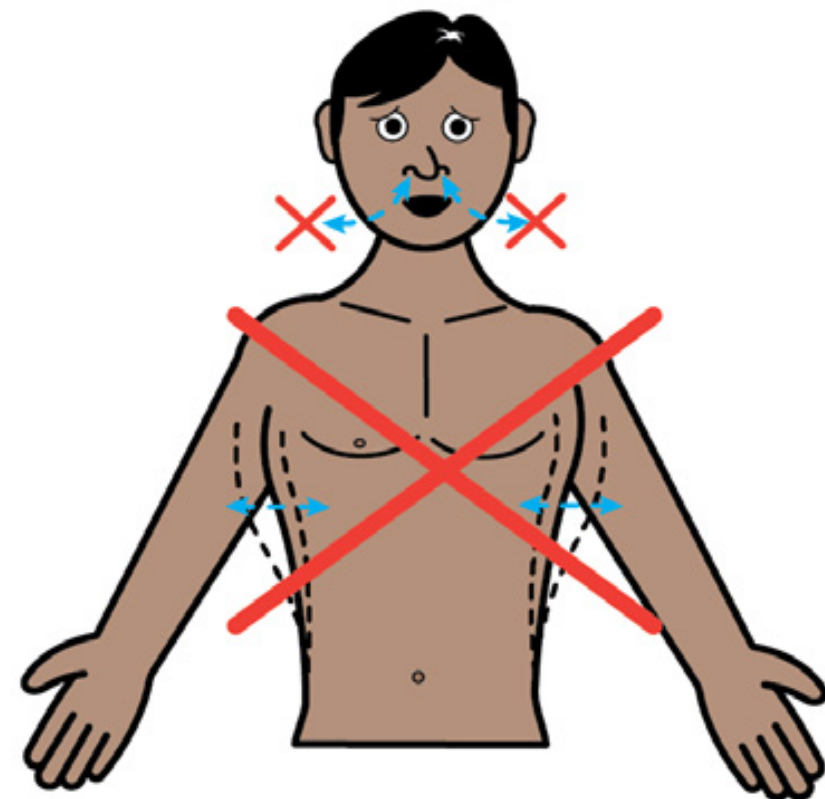
Ben and Megan's Story

- Ben is out walking with Megan.
- Ben has stopped talking.
- Megan notices Ben gasping for air (breath).
- Megan sees that Ben's face has gone a funny colour.

talking



breathing problem

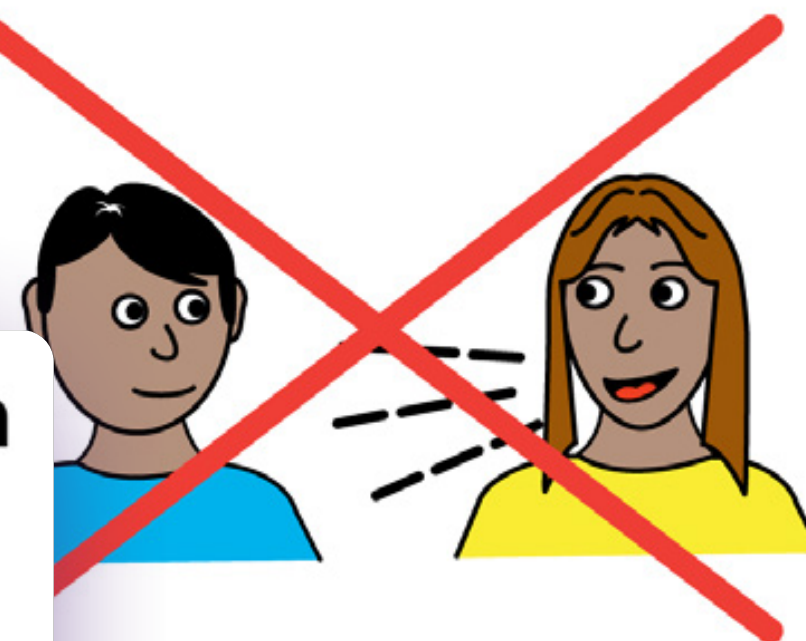


careLeD

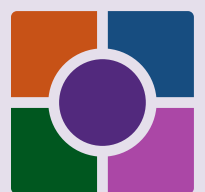
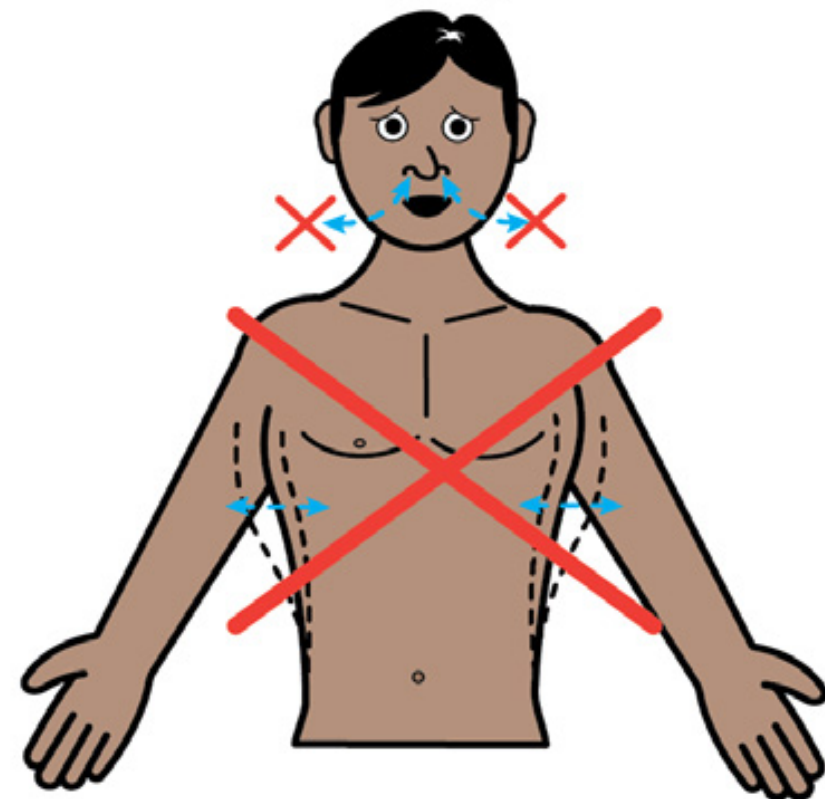
Urgent and emergency care for
people with a learning disability.

Does Megan phone:

talking



breathing problem

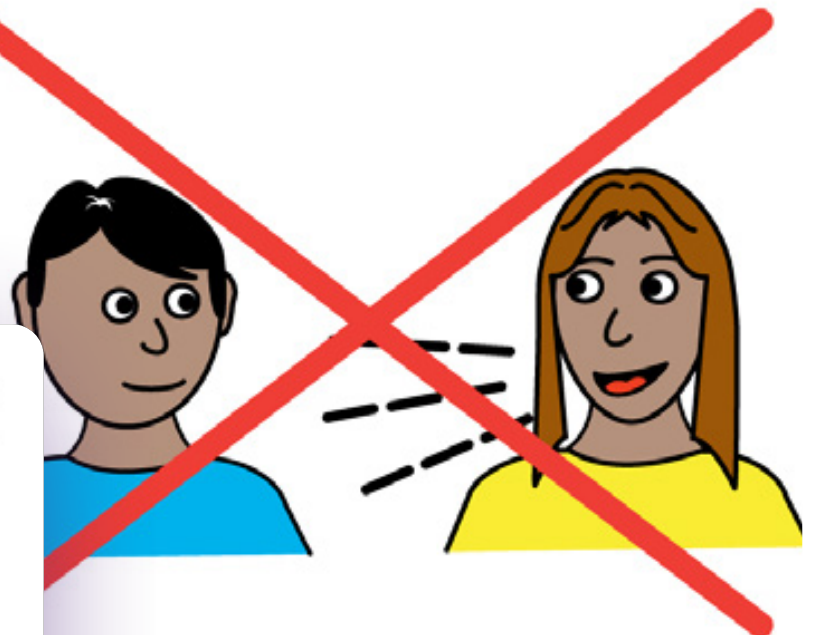


careLeD

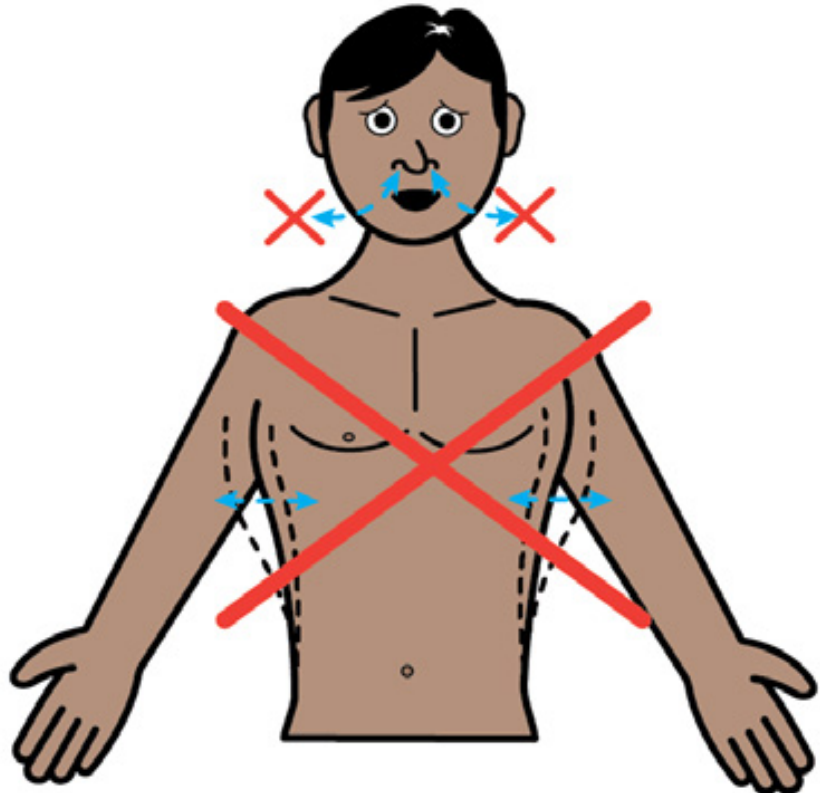
Urgent and emergency care for
people with a learning disability.

999

talking



breathing problem

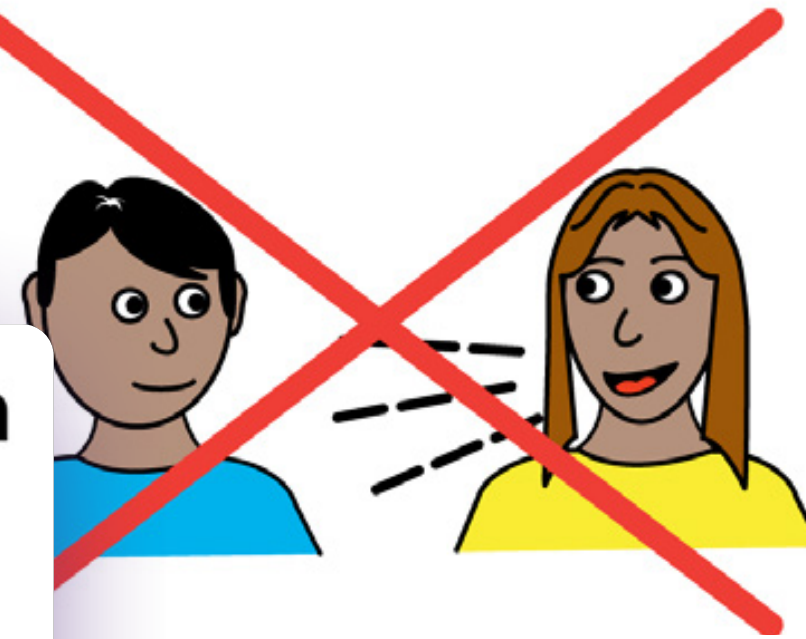


Correct

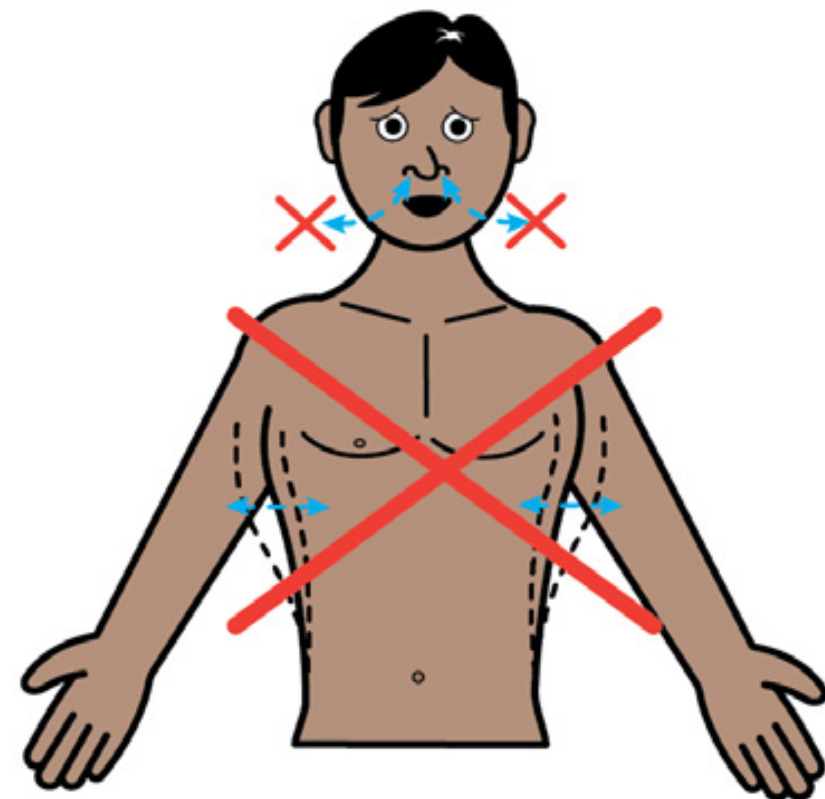


111

talking

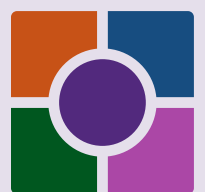


breathing problem



Try again

Ben is having severe difficulty breathing.

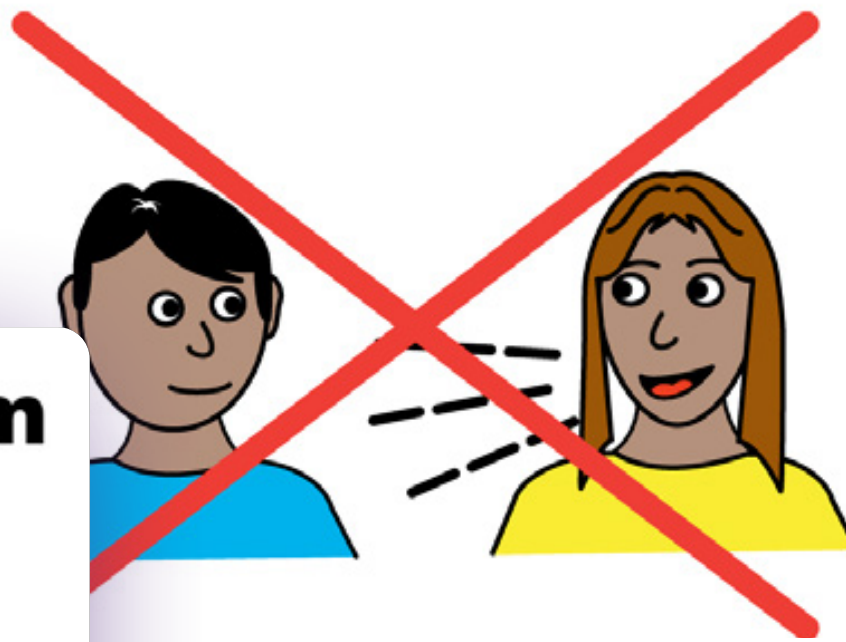


careLeD

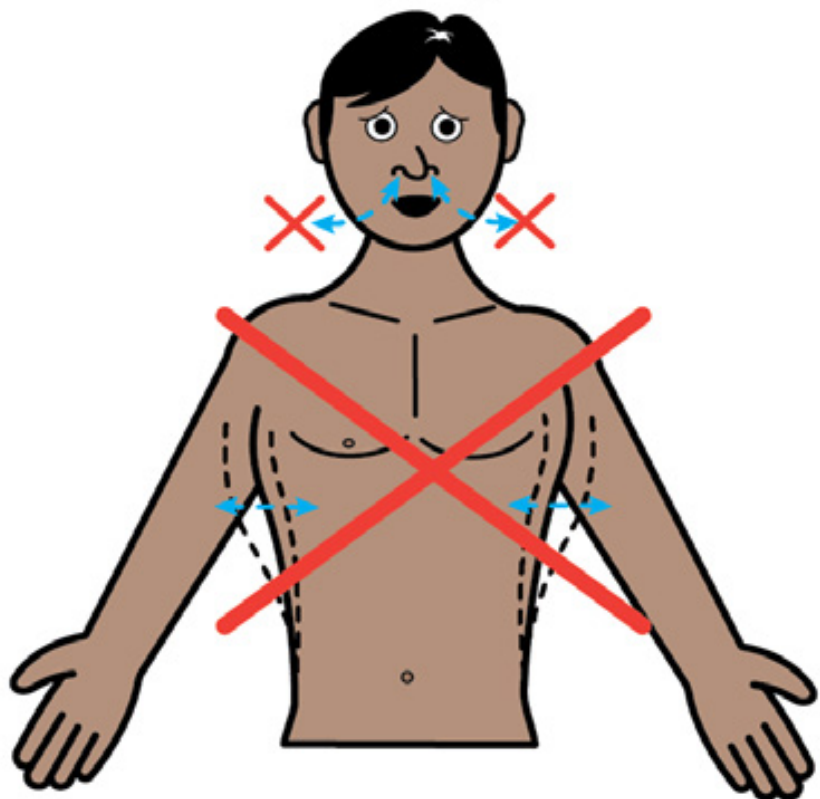
Urgent and emergency care for
people with a learning disability.

Unsure

talking



breathing problem



Hint

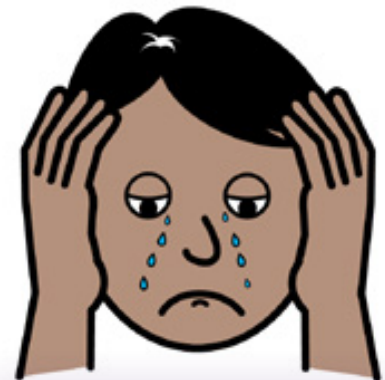
Ben is having severe difficulty breathing and needs help quickly.



very unhappy



too much for you



upset by your feelings



crying



Hugo's Story

- Hugo has been feeling sad all week.
- Hugo has been crying all day and does not know why.
- Nobody has upset Hugo.
- It is 4am and Hugo really needs to talk to somebody.
- Hugo wakes his mum.



careLeD

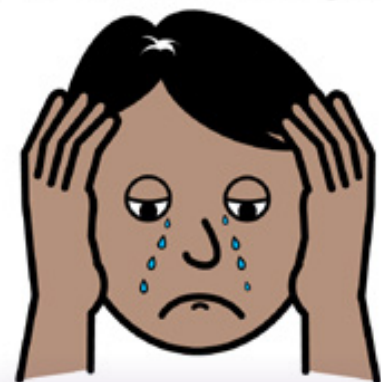
Urgent and emergency care for
people with a learning disability.

Does Hugo's
mum phone:

very unhappy



too much for you



upset by your
feelings



crying



careLeD

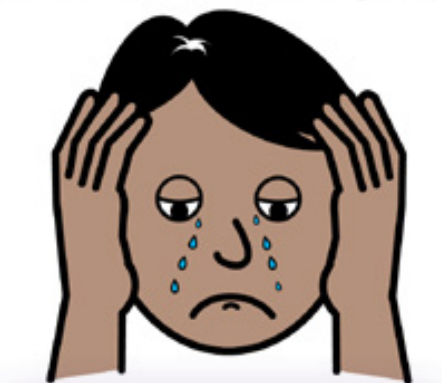
Urgent and emergency care for
people with a learning disability.

111

very unhappy



too much for you



upset by your feelings



crying



Correct



careLeD

Urgent and emergency care for
people with a learning disability.

999

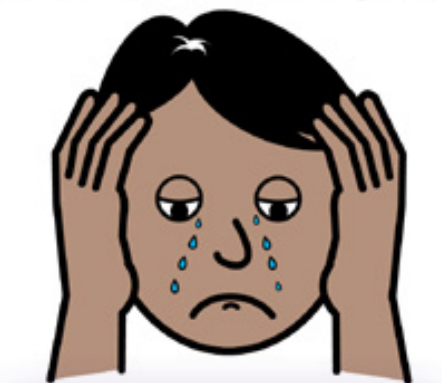
crying



very unhappy



too much for you



upset by your feelings



Try again

Hugo needs help, but it is not an emergency.



Unsure

crying



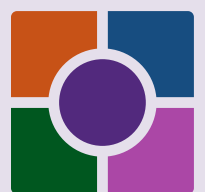
Hint

Hugo needs help, but it is not an emergency.





What to do if someone else has an urgent or emergency health need



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Urgent and emergency care for
people with a learning disability.



What to do:

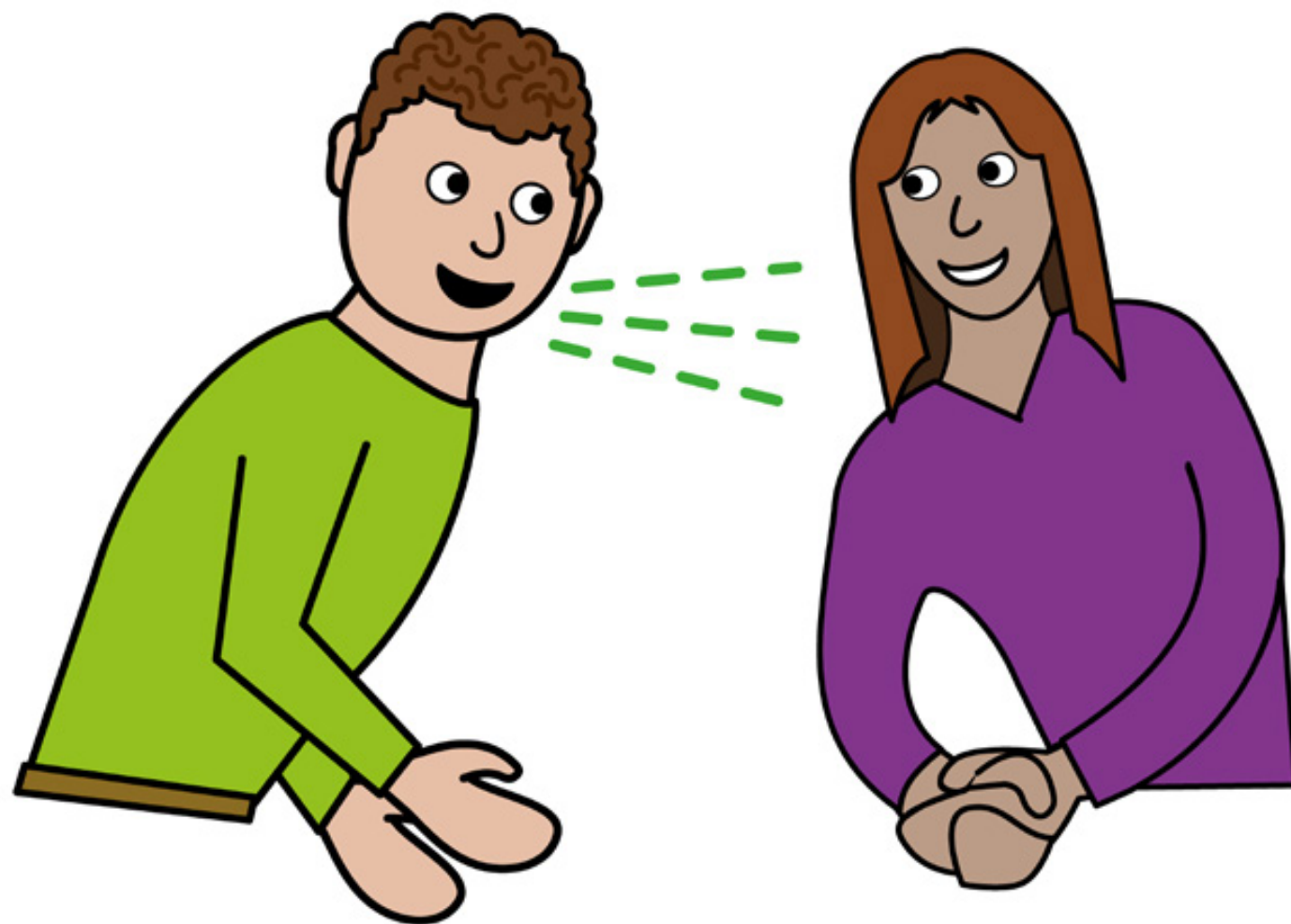
- If you are not sure – **get help straight away.**
- Call **999** if it is an **emergency** health need.
- Call **111** if it is an **urgent** health need.
- **Speak slowly and clearly** on the phone.



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Urgent and emergency care for
people with a learning disability.

listen to me



Asking for extra help:

- Let the person you are speaking to know that you have a **learning disability**.
- You could say: “**Slow down**, I have a learning disability.”
- Or you could say: “Can you go slower and use **easy to understand** words.”
- Let the person you are speaking to know **you are trying to help**.



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Urgent and emergency care for
people with a learning disability.

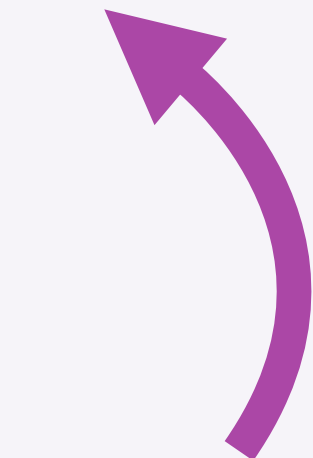
Activities

Regional
variations

Local
services

Discussion

Print your
certificate



Click on
the picture



careLeD

Urgent and emergency care for
people with a learning disability.

Resources

Click on
the picture



111
England
Wales
Northern Ireland

NHS 24
(111)
Scotland

999

**See more
resources**



careLeD
Urgent and emergency care for
people with a learning disability.

Visit [easy on the i](#) for easy
read guides and images

Thank you for using careLeD

A tool co-produced with people with learning disabilities
and funded by the RCN Foundation.

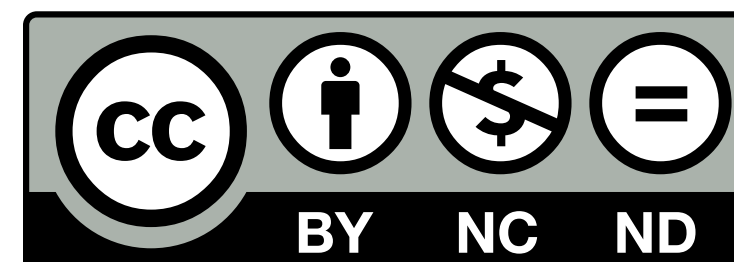


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