**Useful Questions to ask your CAT group to stimulate discussion**

These are some useful question and observations that may help start your CAT question discussions.

* Is there a change is service provision? E.g. telehealth
* Is there evidence to help staff feel comfortable with a change in service provision?
* Is there evidence to support a new aspect of a service, or an aspect of a service is at risk of
* Being stopped / disbanded and evidence required to counter that
* What is the evidence for new treatment?
* Covid initially stopped steroid injections – what other options do we have – evidence, e.g. Osteril use
* What does good quality physio / podiatry etc look like for a particular condition?
* Is there a gap in service provisions – is there evidence to support a new business case?
* Review of or update of management pathways
* Where / what is the variation in our practice? Is this variation evidence based?
* Is there a recent paper / NICE guidance that could change practice?

You will then find the PICO (Population, Intervention, Comparator, Outcome) useful in refining your topic into an answerable structured question