

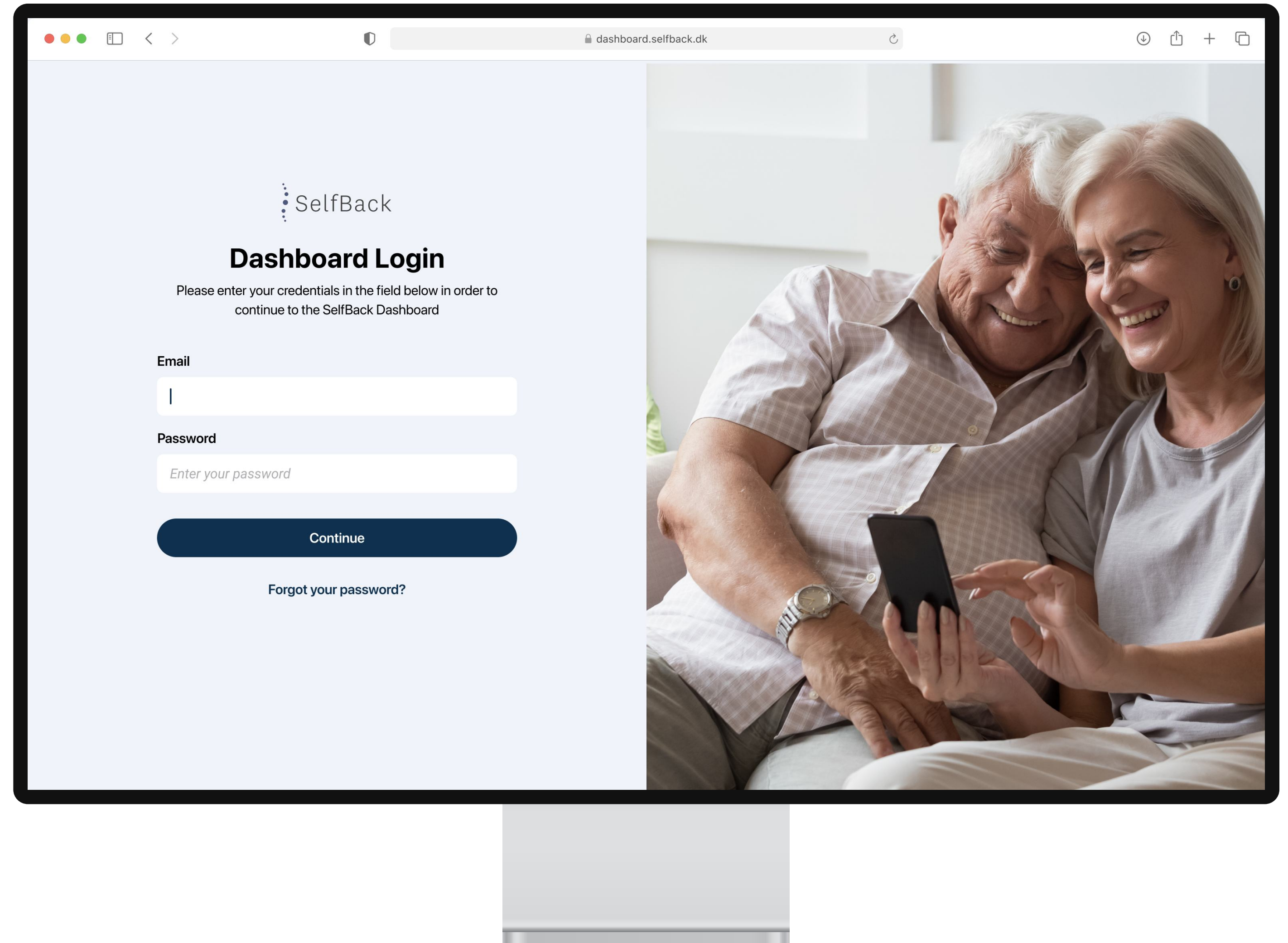
Creating Your Account

Creating Your Account

Reset Password

In order to login to the SelfBack Dashboard, you will need to create your password.

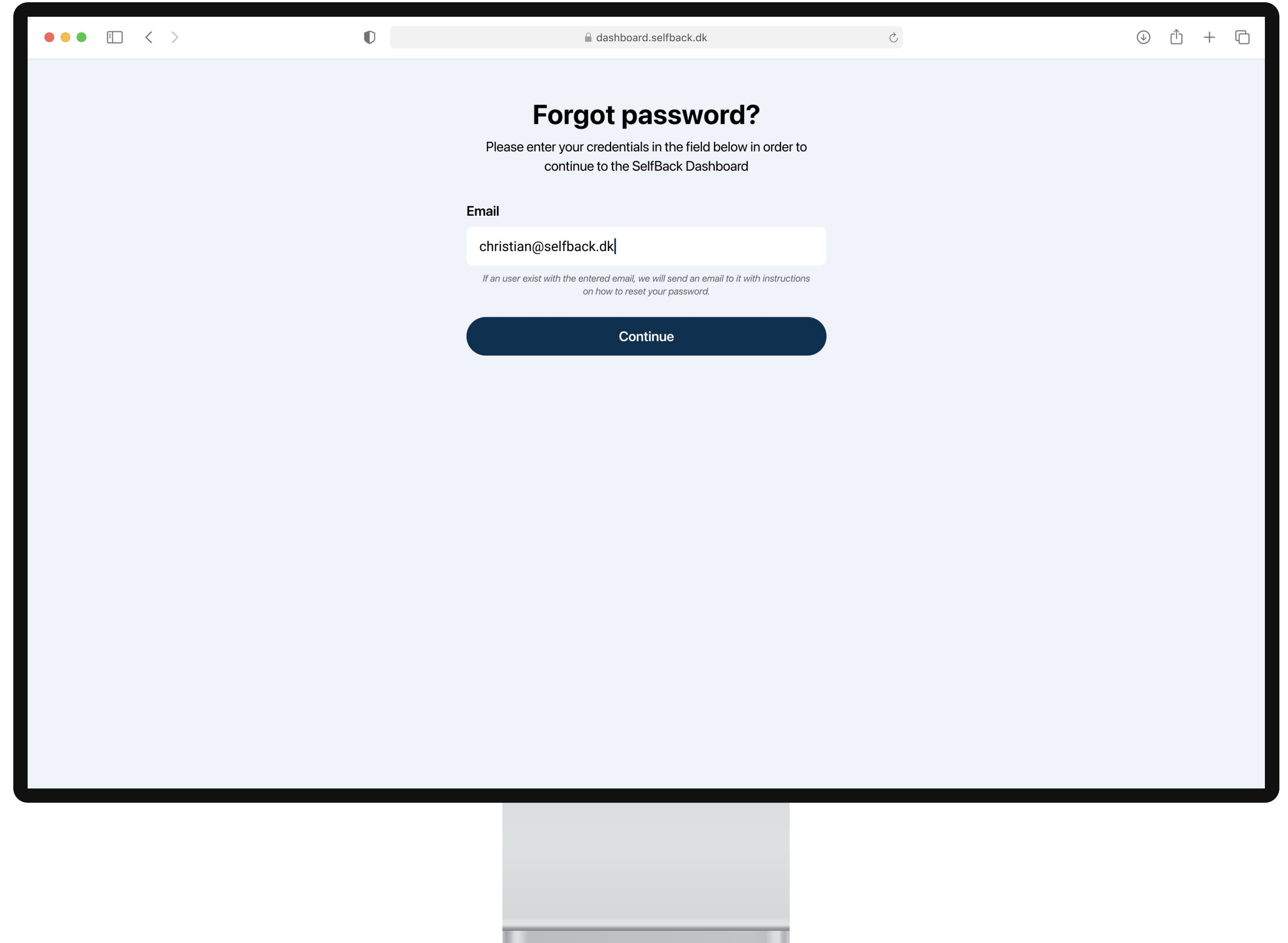
Go to “dashboard.selfback.dk and click on the **“Forgot your password?”**”



Creating Your Account

Enter Email

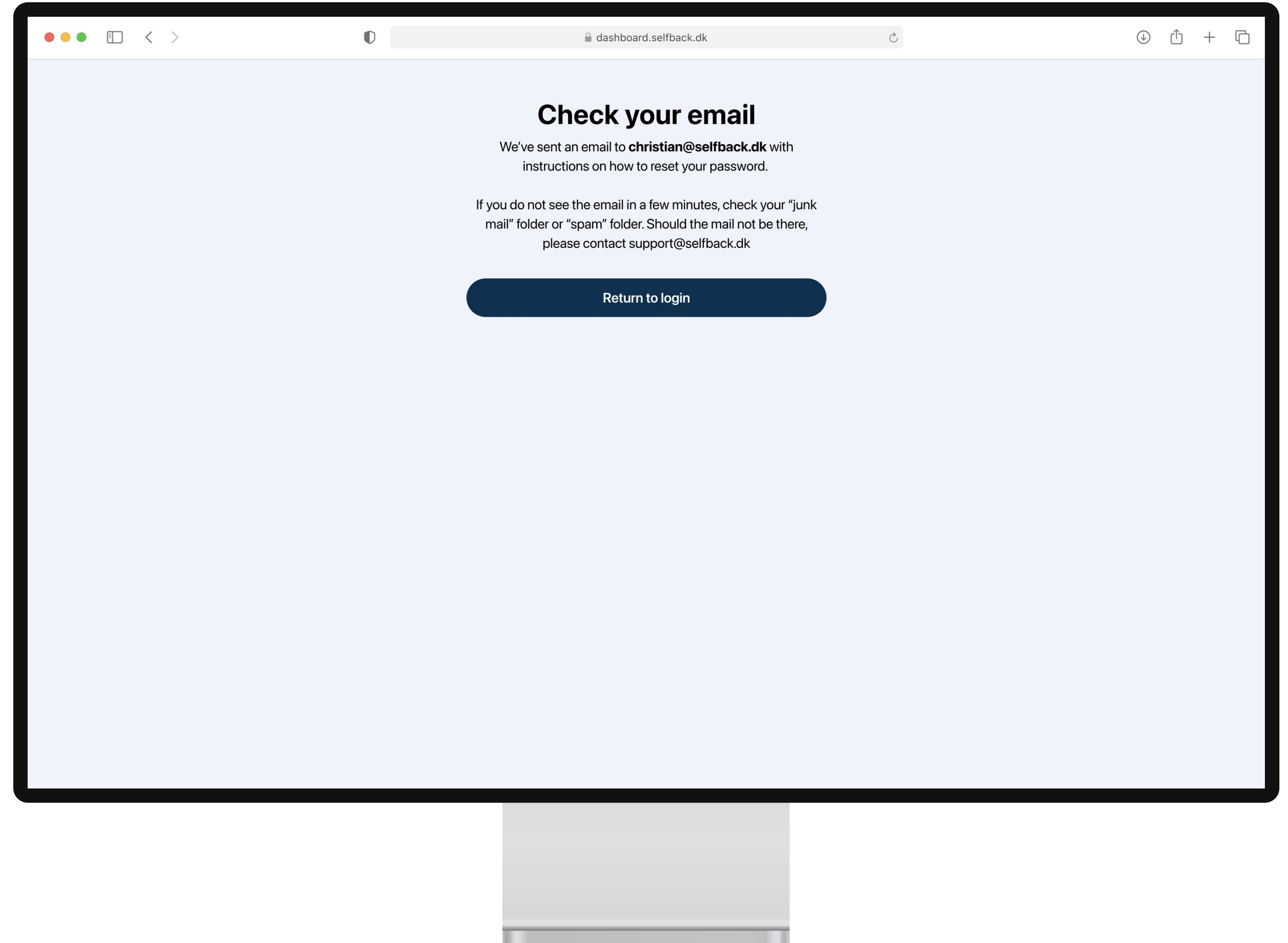
Fill out the field with your email and press
“Continue”



Creating Your Account

Email Sent

An email has now been sent to the email address you entered.

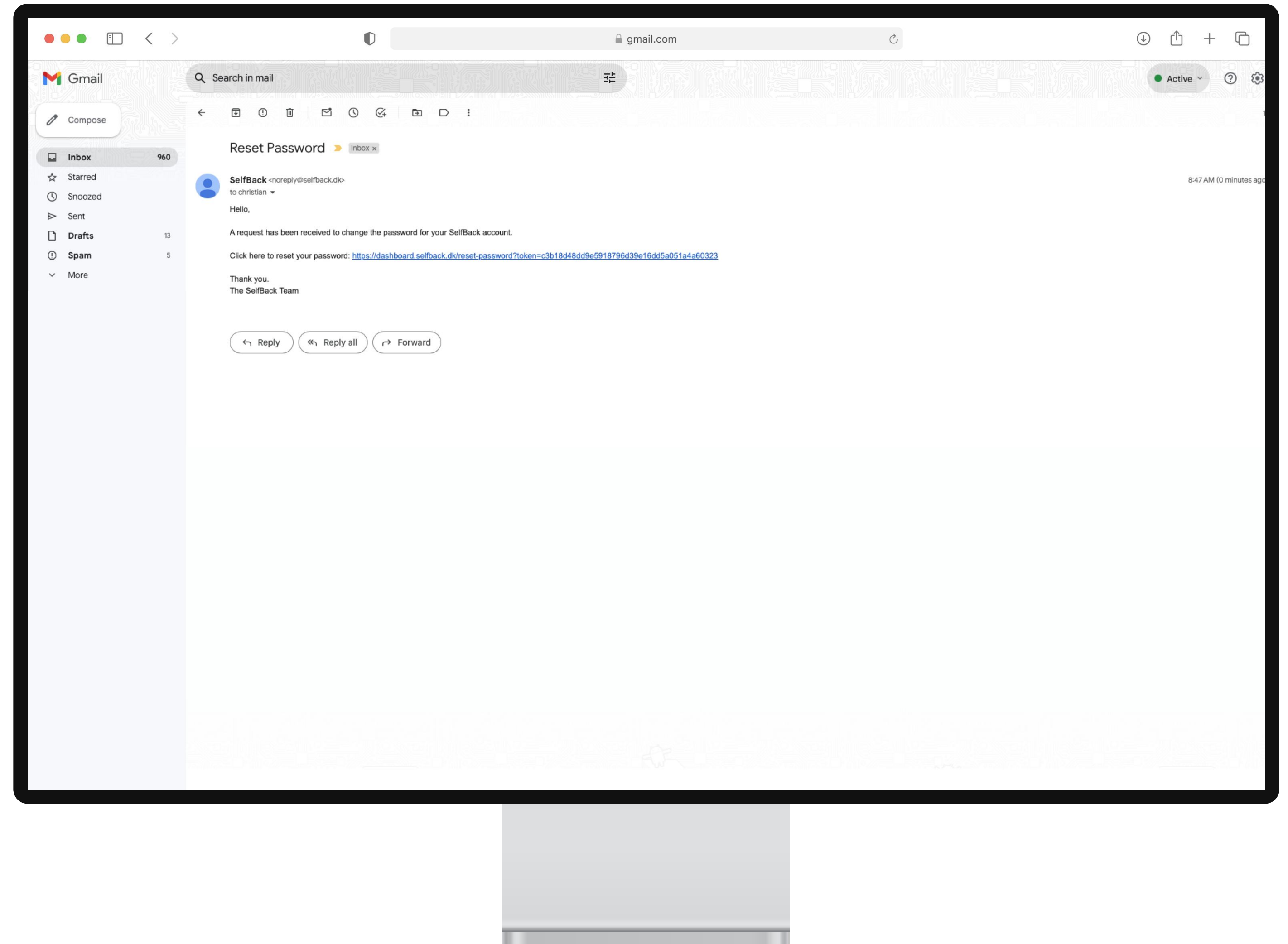


Creating Your Account

Reset Password Mail

Check your mail inbox for a “Reset Password” email from “support@selfback.dk” and click the link within it.

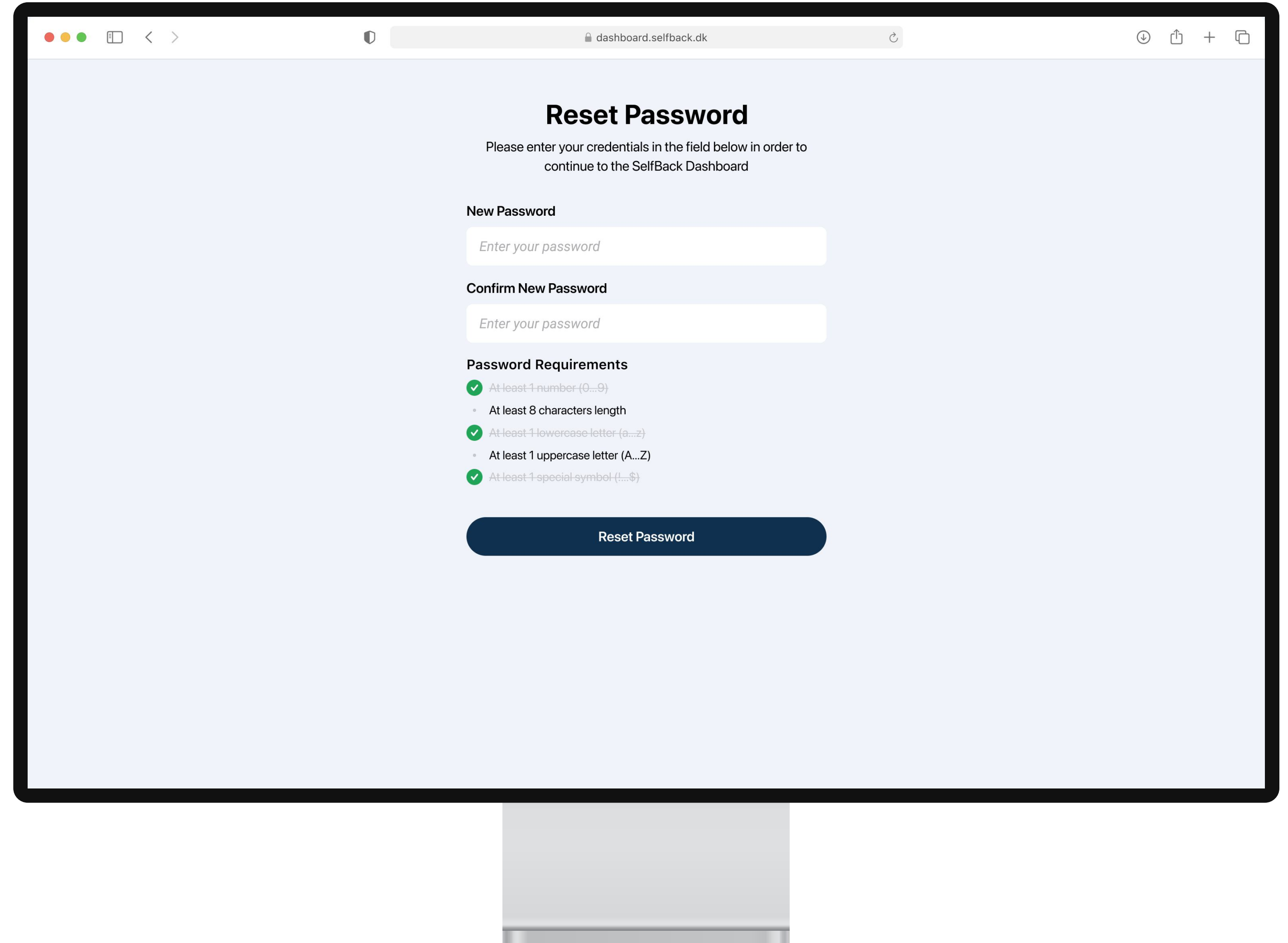
Should you not receive the email please contact “christian@selfback.dk”. Please make sure to check your spam folder, before reaching out.



Creating Your Account

Create Password

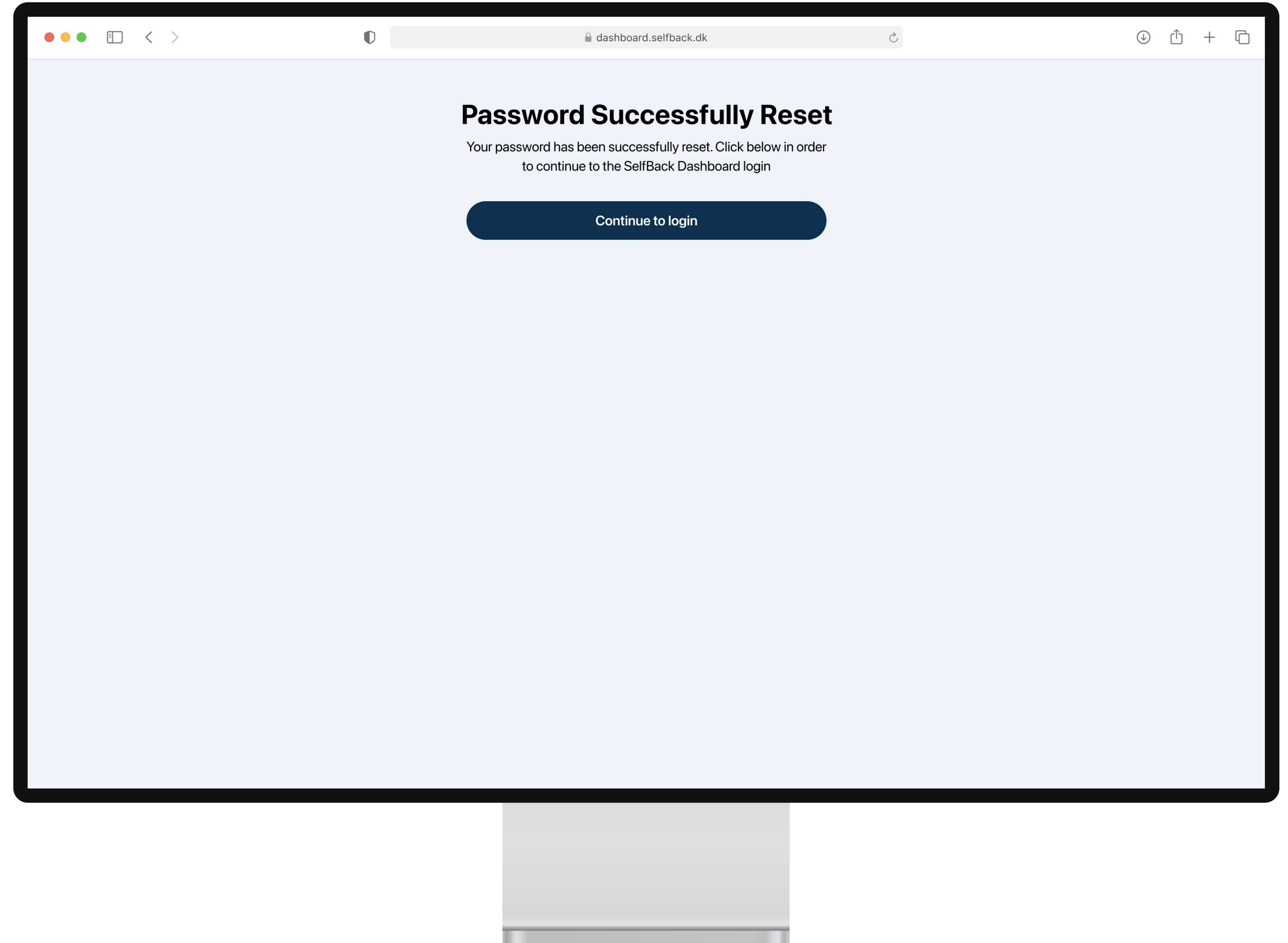
Create your password following the requirements listed at the bottom of the page.



Creating Your Account

Password Reset

Your password has now be reset and you can click on “Continue to login”.

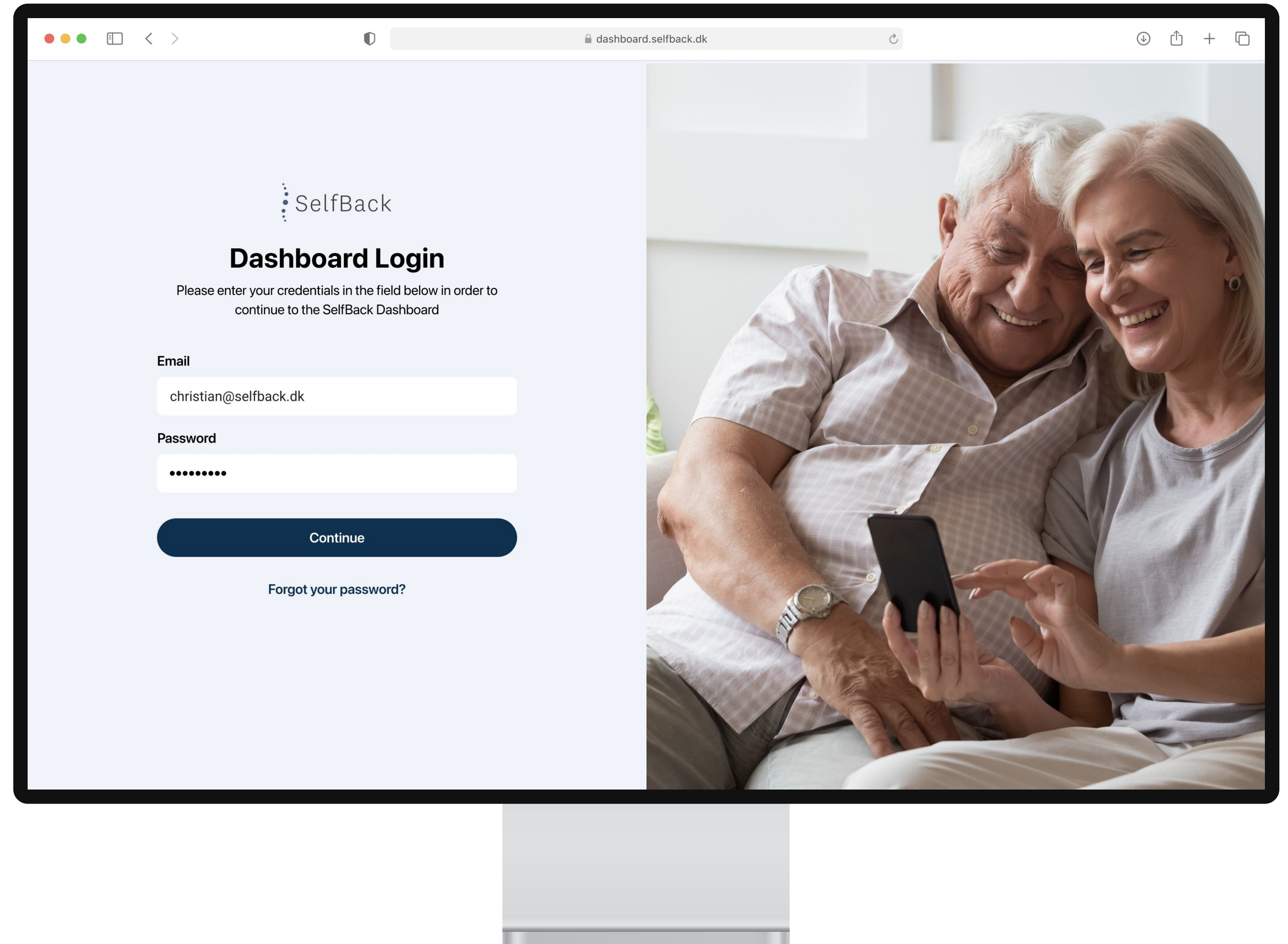


Logging In

Logging In

Go to Login Page

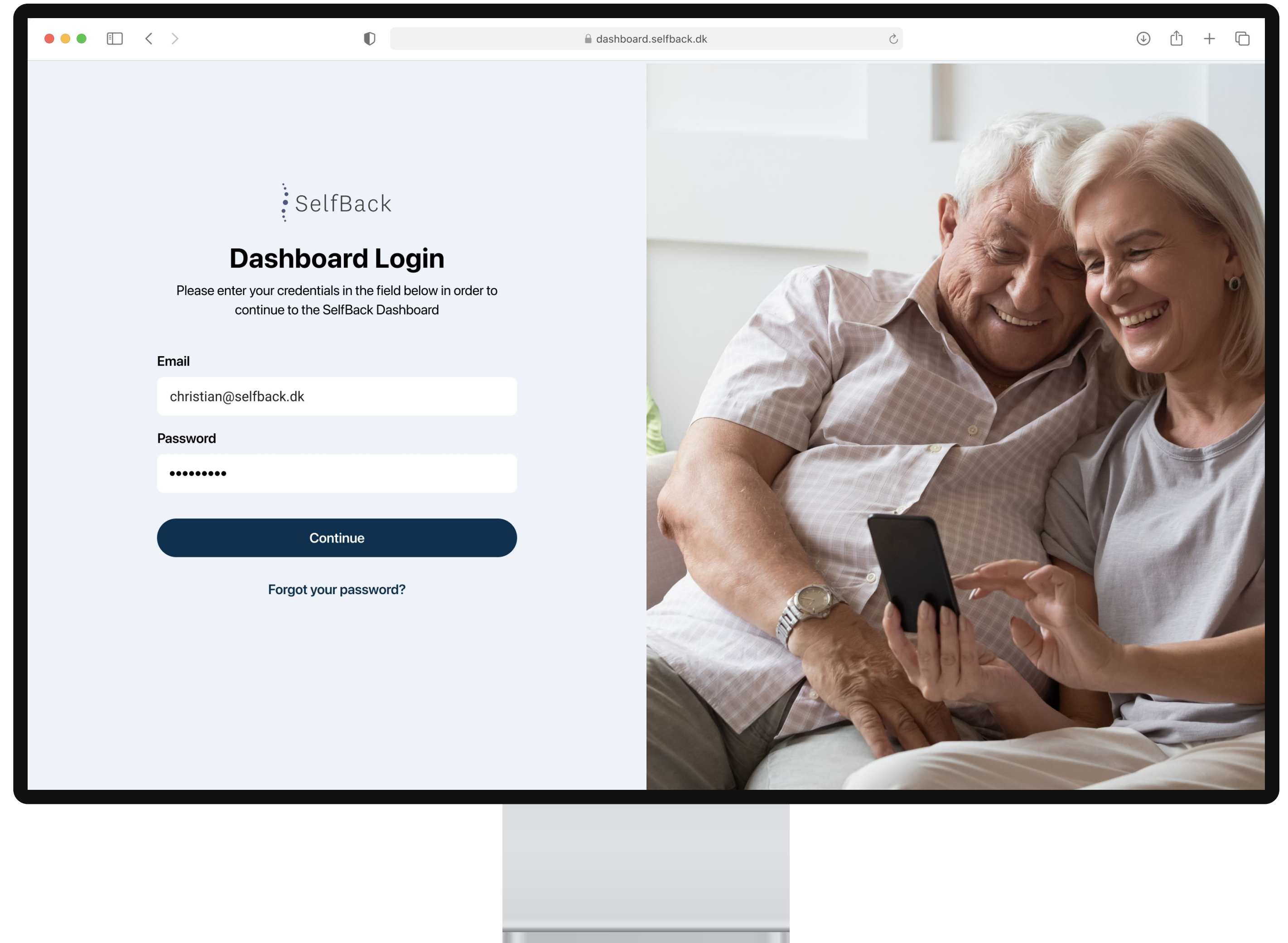
Go to “dashboard.selfback.dk” from where you will be able to login



Logging In

Enter Credentials

Enter your email together with your newly created password and press "Continue"

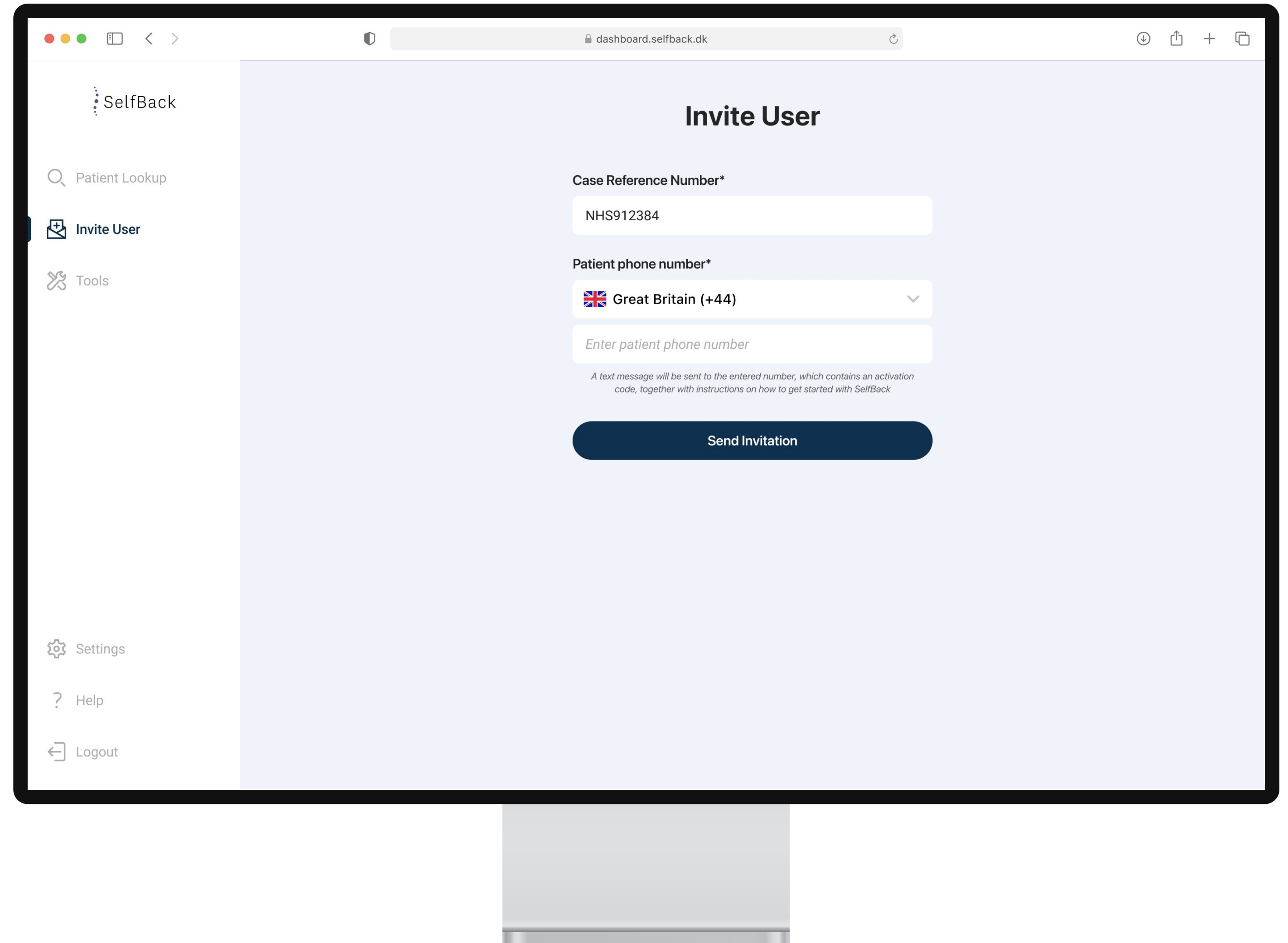


Inviting a Patient

Inviting a Patient

Enter NHS Number

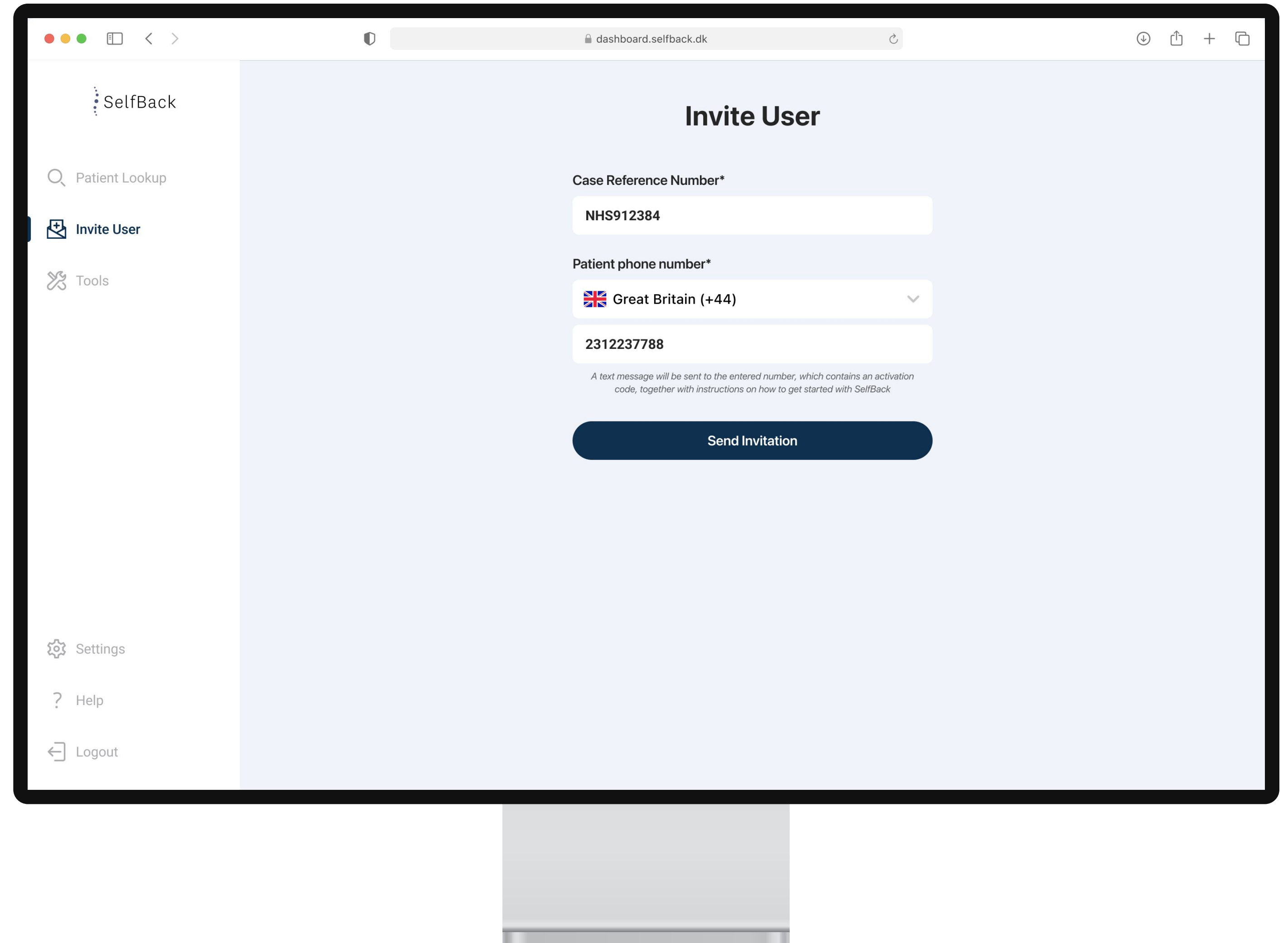
In the “Case Reference Number”, enter the NHS number of the patient.



Inviting a Patient

Enter Patient Phone Number

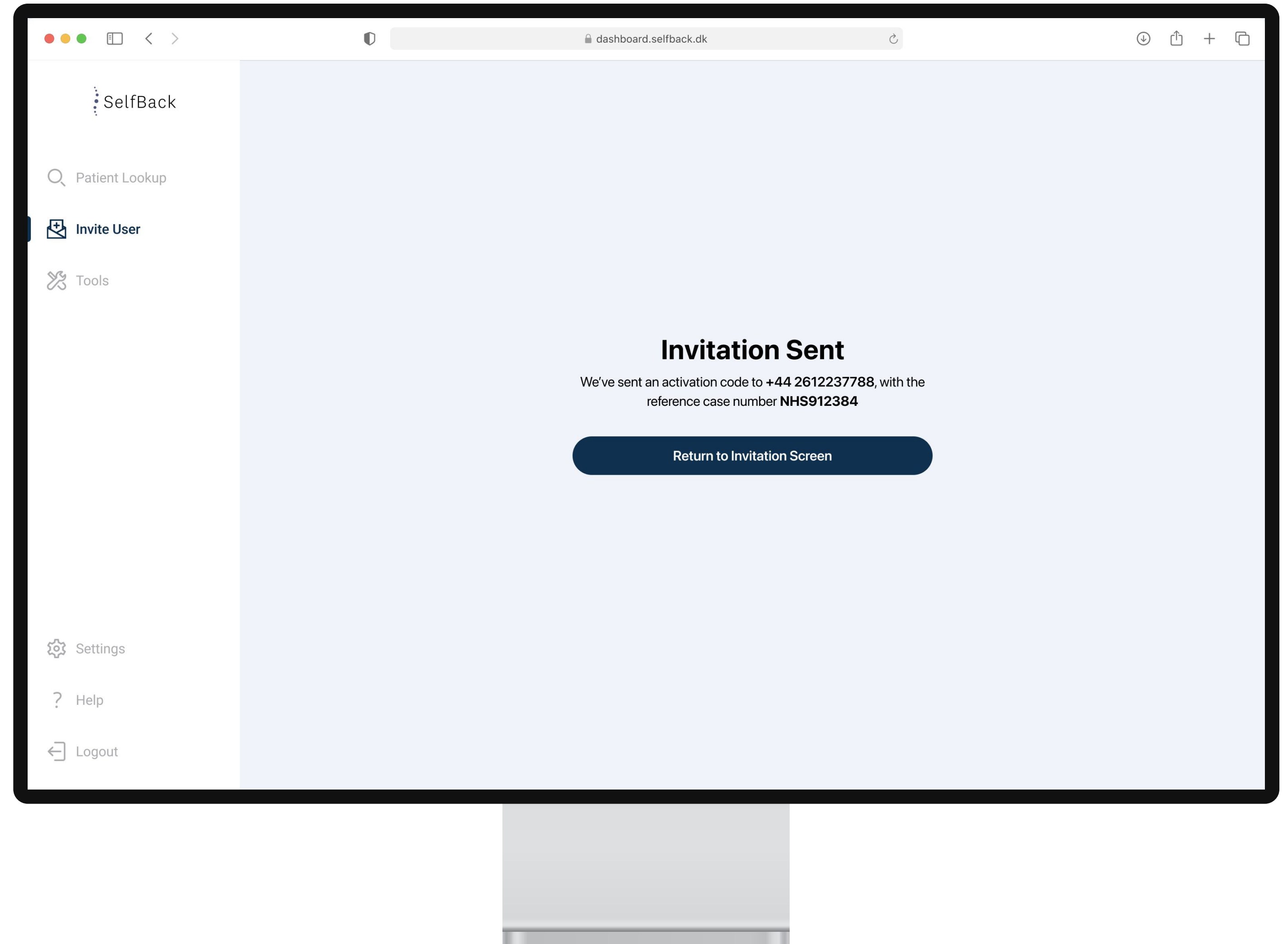
Now enter the phone number of the patient, which will be used to send the SelfBack invitation to.



Inviting a Patient

Invitation Sent

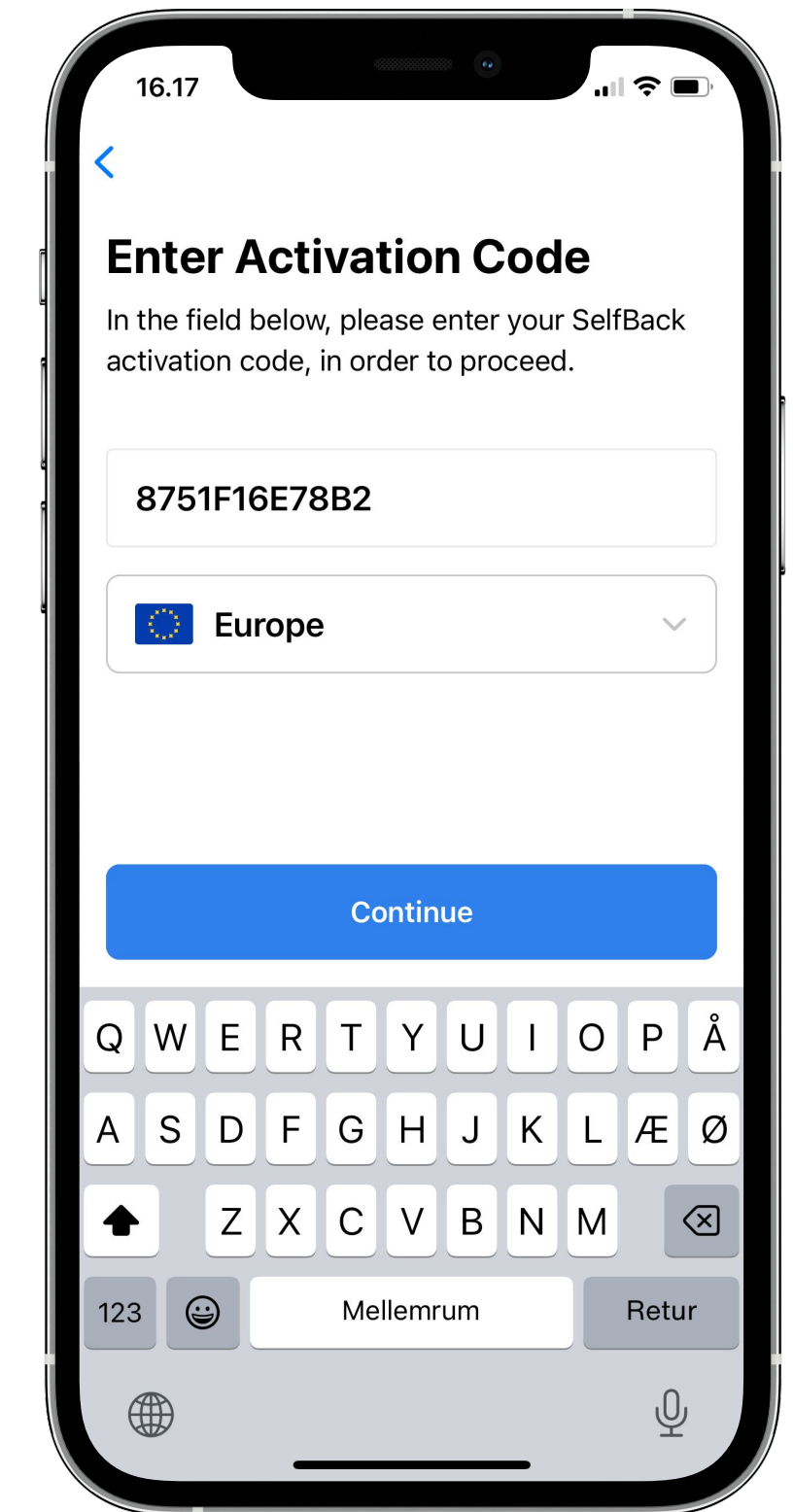
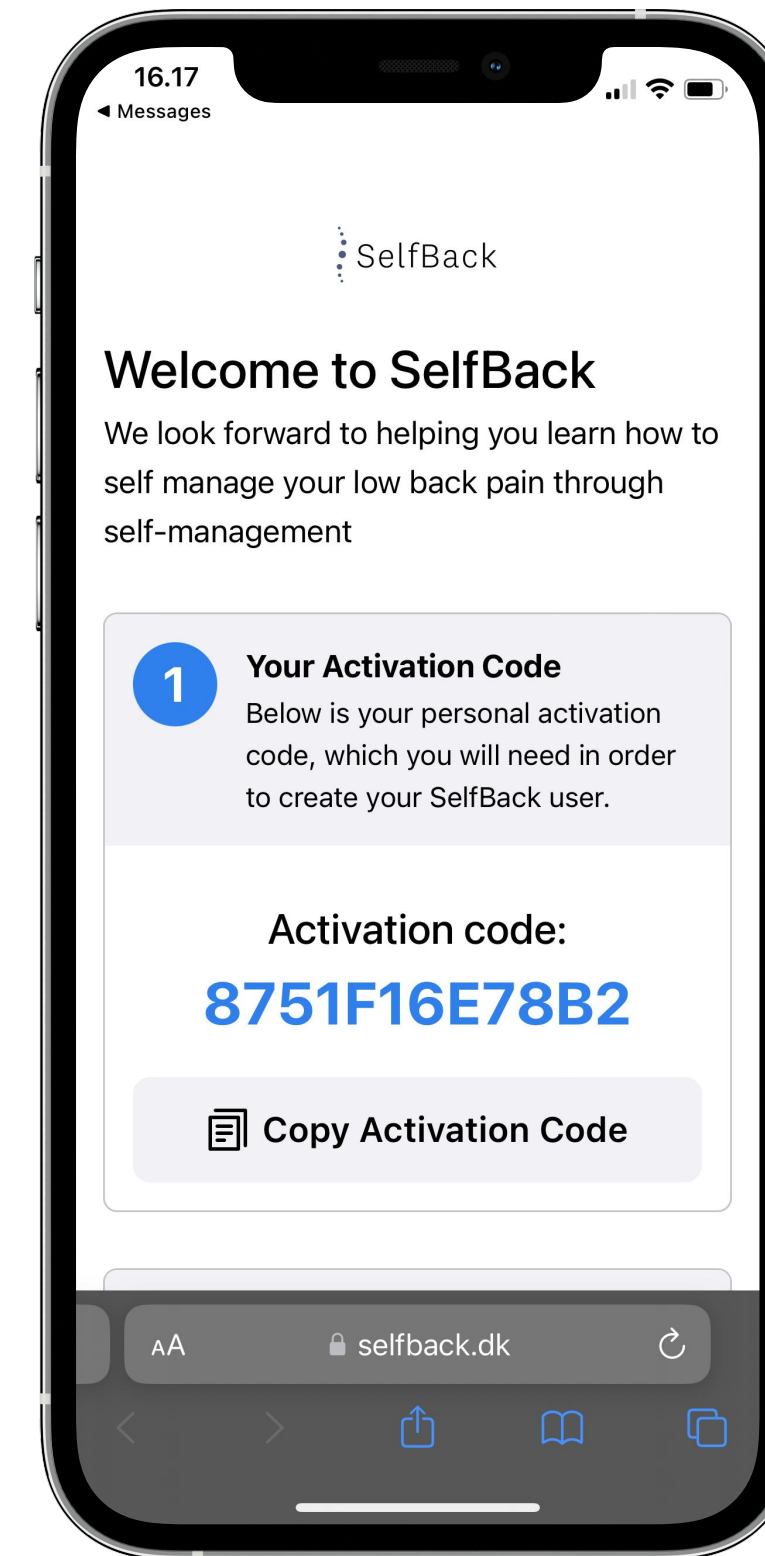
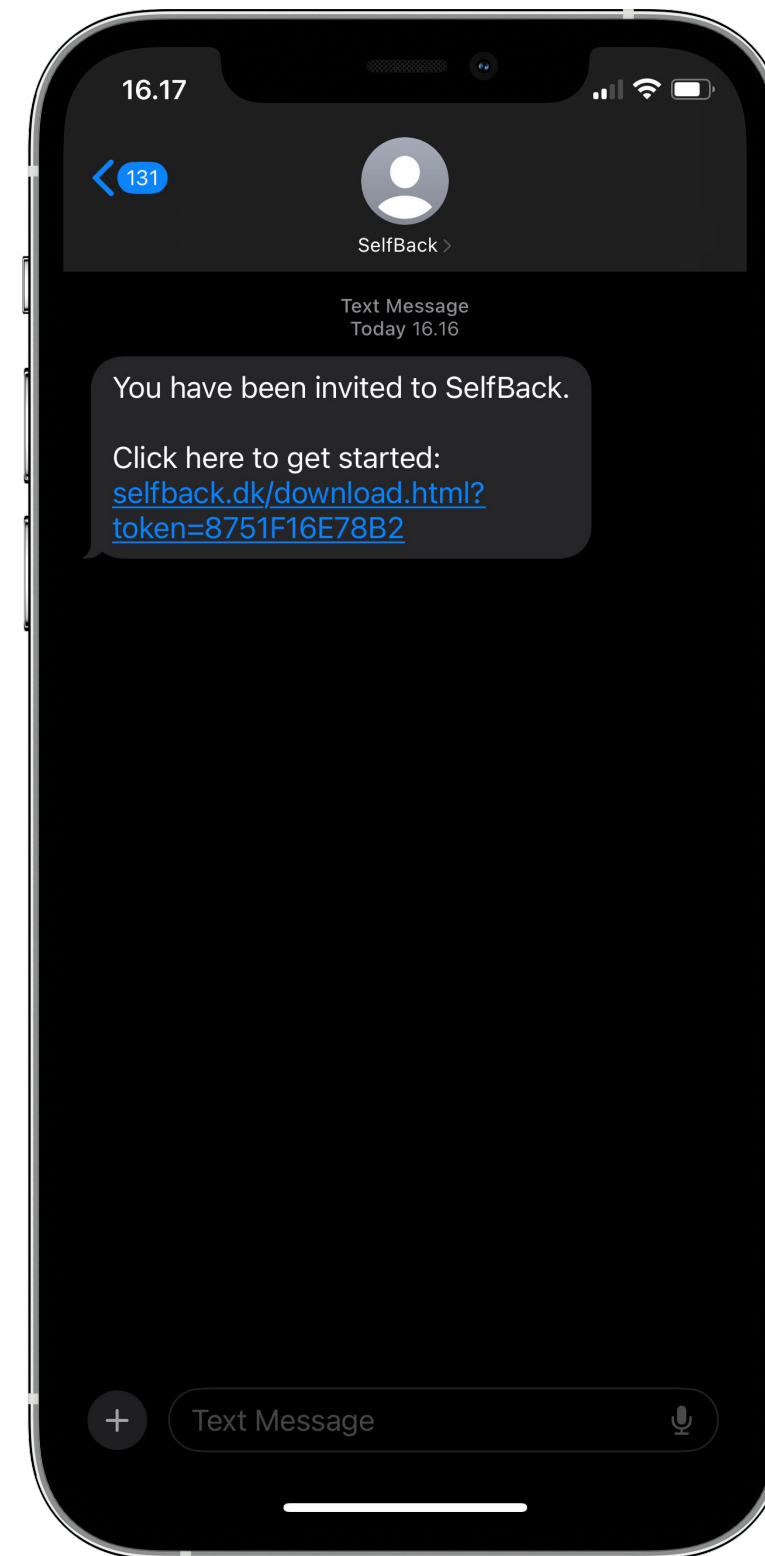
The invitation has now been sent to the patient as a text message.



Inviting a Patient

Patient Receives Invitation

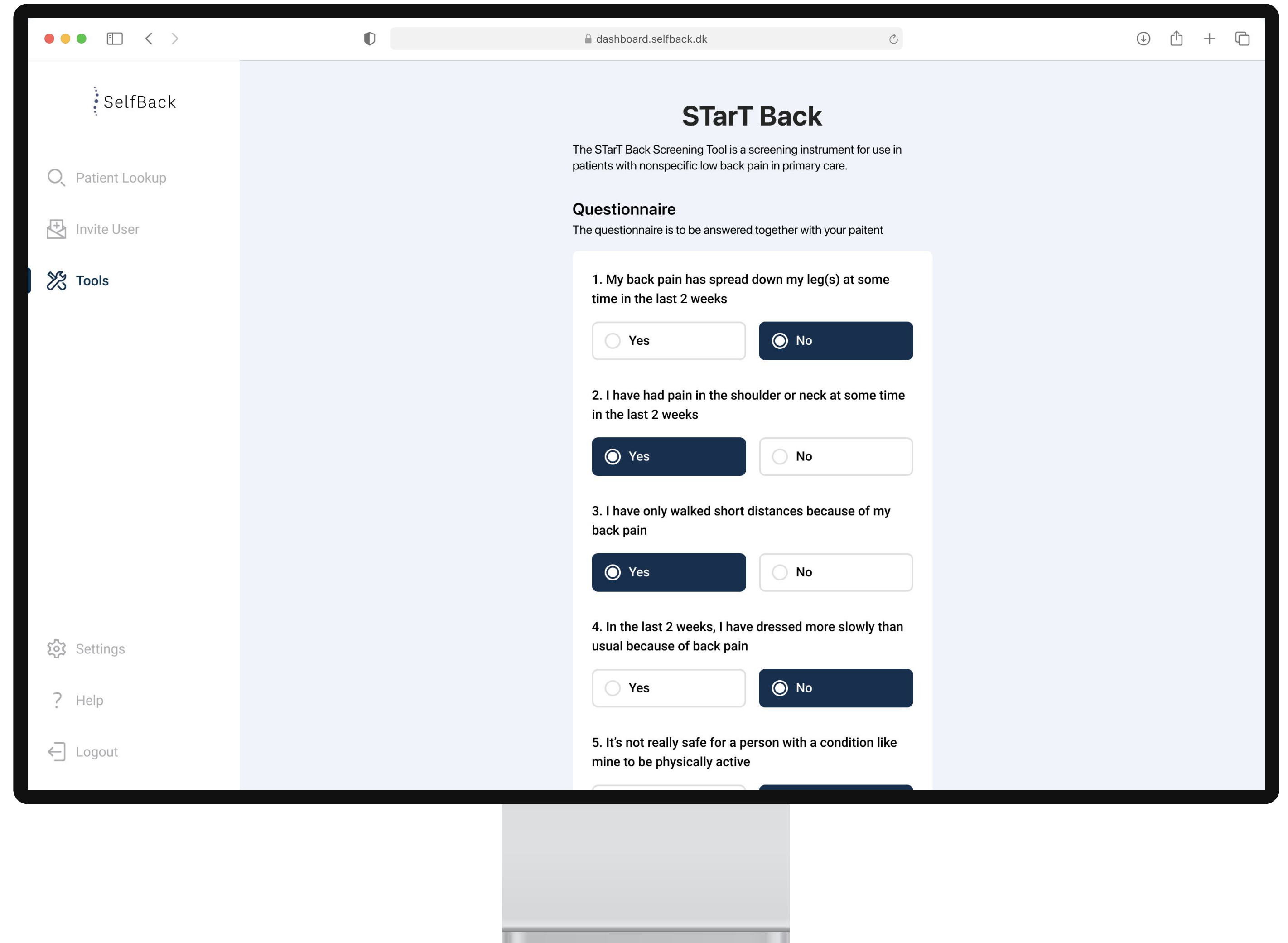
The patient has now received a text message which includes a link with instructions on how to get started using SelfBack, as well as their unique activation code.



STarT Back

Accessing STarT Back

You can access the STarT Back questionnaire from within the “Tools” section of the SelfBack Dashboard.



Enter Credentials

After having all the questions, the risk score will be calculated.

SelfBack will not save this information or tie it to any patient. The tool is only available as a digital version of the STarT Back Questionnaire.

